

Local self-assessment for adults with autism - Spreadsheet v5

This is a framework to help support Local Authorities and NHS organisations and their partners to implement the statutory guidance 'Implementing 'Fulfilling and rewarding lives' in their localities. The self -assessment is primarily for commissioners as a template to begin their planning to respond to the statutory guidance. It is not intended to be used by people with autism or their carers, but it is expected that they would be part of any local self-assessment planning processes. In addition to this, it is important to be aware of the consultation currently taking place on the future of the NHS following the NHS White Paper. In order to prepare for these changes it will be important for localities to bear in mind the changes planned and engage with:

- people with autism and their carers
- GPs and GP consortia as they develop
- NHS providers
- Social care providers: independent and voluntary sector and social enterprises

The focus of implementation will be at local level. DH Deputy Regional Directors (DRDs) will work with a range of regional and local partners, including Association of Directors of Social Services, the Strategic Health Authority and wider NHS and social care sector to develop a Regional Action Plan. This plan will help to facilitate peer support and sharing of good practice to speed up implementation of the National Autism Strategy. Local leads are asked to identify any areas of good practice that can be shared or where peer support or collaborative approaches at a sub-national level could support local implementation. Some regional partnerships may also have capacity to put in place additional mechanisms to collate information from the local self-assessments.

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Instructions:

There is one spreadsheet page for each of the sections in the Self Assessment. Sections have rating questions (the boxes with bold lines around them) and comment questions.

Rating questions are answered 'Red', 'Amber' or 'Green'. These may either be typed in or selected from a drop down menu in the rating boxes.

Comments are entered in the comment boxes. Be sure to DOUBLE CLICK your mouse in each box before entering your notes. Notes can then either be typed in or pasted from another document. IF YOU ONLY SINGLE CLICK IN THESE BOXES THE FORMATTING CANNOT BE EFFECTIVELY PROTECTED AND YOU MAY BLOCK THE SPREADSHEET. Comments are limited to 1000 characters in most cases, but 2000 characters for the final questions.

Click on the links below to go to the sections. In each section you have an option to click on links to the Next Section or the Instruction Page. The Instruction Page link will bring you back here. **REMEMBER TO SAVE YOUR WORK AFTER EACH SECTION. The easiest way to do this is to press the Control and S keys together.**

When you have completed the exercise **SAVE YOUR WORK AGAIN**. Then you can print out the results for your own use using the normal EXCEL print command. Remember to tell EXCEL to print ENTIRE WORKSHEET. You should email the whole spreadsheet to the Improving Health and Lives: Learning Disabilities Observatory at AutismSAF@ihal.org.uk.

Any updated instructions will be placed at www.ihal.org.uk/AutismSAF. Questions can also be forwarded to the email address.

The check numbers below show only how many of the questions have had entries made. The questions on the Optional Numbers page are optional, but they use items suggested as for local review in the published Framework.

Sections	Ratings	Comments Entered	Optional C
Select local authority			
Additional questions page			1/1
Quality outcome 1. Adults with autism (including Asperger syndrome) achieve better health outcomes.	3/3	7/9	
Quality outcome 2. Adults with autism (including Asperger syndrome) are included and economically active.	7/7	21/21	

<u>Quality outcome 3. Adults with autism (including Asperger syndrome) are living in accommodation that meets their needs.</u>	4/4	8/12
<u>Quality outcome 4. Adults with autism (including Asperger syndrome) are benefiting from the personalisation agenda in health and social care, and can access personal budgets.</u>	4/4	9/12
<u>Quality outcome 5. Adults with autism (including Asperger syndrome) are no longer managed inappropriately in the criminal justice system.</u>	2/2	4/6
<u>Quality outcome 6. Adults with autism (including Asperger syndrome), their families and carers are satisfied with local services.</u>	1/1	3/3
<u>Quality outcome 7. Adults with autism (including Asperger syndrome) are involved in service planning.</u>	3/3	6/9
<u>Service ambition 1. Local authorities and partners know how many adults with autism (including Asperger syndrome) live in the area.</u>	4/4	7/12
<u>Service ambition 2. A clear and trusted diagnostic pathway is available locally.</u>	5/5	6/15
<u>Service ambition 3. Health and social care staff make reasonable adjustments to services to meet the needs of adults with autism (including Asperger syndrome).</u>	4/4	5/12
<u>Final questions.</u>		1/2

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Enter local authority name

Select name from the list in the box below

[Return to instruction page](#)

[Next section](#)

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Additional questions section	Questions answered: 1/1
<p>There is a small number of additional questions to be answered. Please read the questions below. You will first be asked if you are in a position to use or separate-out data available to you to answer some or all of questions 4 to 12. If you answer 'YES' to this, then answer the blue questions (3 to 12). If not then go to question 2 (green) and answer it to complete your input to this section.</p>	<p>Instructions: Enter answers in this column.</p>
Question	Enter Answers here
1. Are you in a position to use or separate-out data available to you to answer some or all of questions 3 to 13 below?	No
2. Has a new or re-established Diagnostic Pathway been developed in the last 12 months	Yes
<p>3. How and where is this data recorded?</p> <p>Please now answer as many of the remaining questions as you can.</p>	This data is recorded on the Foundation Trusts Data base
4. What is the NUMBER of people (of any age) who have been assessed in the past 12 months using the diagnostic pathway.	75 across Durham and darlington
5. What is the NUMBER of adults (aged 18 and over) with autism (including Asperger syndrome) currently known to the local authority?	

6. What is the NUMBER of these in PAID WORK (include both full time and part time work)?	
7. What is the NUMBER of these living in their OWN HOME or WITH THEIR FAMILY?	
What are the NUMBERS of these living in RESIDENTIAL OR NURSING CARE ESTABLISHMENTS:	
8. WITHIN the Local Authority Area?	
9. OUTSIDE the Local Authority Area?	
10. Total living in RESIDENTIAL OR NURSING CARE ESTABLISHMENTS?	
11. What is the NUMBER of adults (aged 18 and over) with autism (including Asperger syndrome) who currently (at 1st January 2012) receive support from the Local Authority in the form of a PERSONAL BUDGET?	
12. What is the NUMBER of adults (aged 18 and over) with autism (including Asperger syndrome) who currently (at 1st January 2012) receive care from SPECIALIST MENTAL HEALTH SERVICES?	

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Quality Outcome 1		Ratings: 3/3 Comments: 7/9		
Adults with autism achieve better health outcomes.		In this box enter your overall rating for this area	Instructions:	
		Amber	In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Under the proposed NHS outcomes framework NHS bodies will need to gather a range of information including data on health inequalities, morbidity rates and recovery from ill-health/injury. Has your area considered including adults with autism?	There are effective mechanisms in place to gather a wide range of data and information in relation to children, young people and adults with Autism	A whole range of data is currently collected and used to evidence future commissioning intentions. To date this does not include specific information about people with a diagnosis of Autism. We would want to have some detailed information about the specific health impacts on people with Autism.	Amber	We will have some specific information and evidence in relation to the impact of autism on health inequalities.
Have you in place or do you plan to develop a commissioning plan around services for adults with autism?		There is not currently a specific commissioning plan in place for people with Autism, however supporting people with Autism is highlighted in the draft learning disability strategy and will be in the	Amber	The local action plan to deliver to the Autism Strategy will include a clear model for commissioning support for people with Autism which is person centred and based on eligible need
Are your LAs and NHS commissioners of long-term conditions reviewing adjustments to service delivery?		The current long term conditions strategy is under review. Currently there is the opportunity within the existing pathways for reasonable adjustment, however not specifically in relation to Autism	Amber	The long term conditions strategy can deliver reasonable adjustments to support people with autism and their carers and the learning from this is shared across Darlington

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Quality Outcome 2			Ratings: 7/7 Comments: 21/21	
Adults with autism are included and economically active.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Is demand for your care services changing?	Increasingly younger people with autism are being recognised and supported through the transition process, resulting in autism specific support into adulthood.	There is no evidence of an increase in demand for care services, however again this needs to be mapped. There is some anecdotal evidence that some people with Autism do not even receive an assessment let alone support or a service. We need to ensure that we report on those who have Autism and the support they receive by ensuring that the data systems are fit for purpose.	Amber	The Local Authority will have a data system that routinely is able to link an individual with autism to the service or support they receive
Are you planning to map usage of services?	Local data systems have been developed that can capture the data required. Data set has been agreed. Resource agreed to simply capture baseline data.	At present the Local Authority can not match those with Autism with services and support.	Amber	The Local Authority will be able to map who has what support.

<p>Are you engaging with local employers to examine and increase employment levels for adults with autism?</p>	<p>The Local Authority has a supported employment service specifically for people with a learning disability. The person centred focus of this work does mean that some employers are engaged on an individual level to understand Autism</p>	<p>There is no specific work from the NHS or Local Authority with local employers to help them understand the real benefits of employing an individual with Autism.</p> <p>Local employers have little understanding of Autism and the support that may be available The Local Authority and NHS have not mapped the employment Pathway(s) for people with Autism</p>	<p>Red</p>	<p>Local Employers know about the benefits of employing someone with Autism and the support that is available</p>
<p>Have you mapped the local employment services that support adults with autism e.g. voluntary organisations, employment services funded by Local Authority or DWP?</p>	<p>The learning Disability partnership Board are planning to map local employment support for people with a learning disability, a strand of this will be those with Autism, who do not have a learning disability</p>	<p>The Local Authority and NHS have not mapped the employment Pathway(s) for people with Autism</p>	<p>Red</p>	<p>There will be a clear employment pathway for people with autism that highlights services and support available.</p>
<p>Have you identified local employment services that support adults with autism, including Work Programme and Work Choice providers, Remploy and council-funded services?</p>	<p>Local employment services are well mapped</p>	<p>We are still not clear how effective the current support services are in supporting people with Autism into work.</p>	<p>Red</p>	<p>Local people with Autism will know what support is available to them to support them into employment.</p>
<p>Are local supported employment services familiar with the draft standards for supported employment?</p>	<p>Local Authority Supported Employment Services endorse and use the draft standards.</p>	<p>Not clear whether there is wider adoption across Darlington</p>	<p>Amber</p>	<p>Local supported employment services endorse the draft standards</p>

<p>Do transition processes to adult services have an employment focus?</p>	<p>For some individuals there is a clear Employment focus through the transition process from the initial year 9 review. This process is lead by Connexio</p>	<p>Not all young people are supported to consider their employment options through the transition process. The drive towards to employment needs to be a core element of any support package.</p>	<p>Amber</p>	<p>A focus on employment is a key feature of the formal transition process. With an implicit understanding that all young people will be expected to be employed.</p>
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Quality Outcome 3			Ratings: 4/4 Comments: 8/12	
Adults with autism are living in accommodation that meets their needs.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Are you seeking/surveying the views and experiences of people with autism to see if accommodation is suitable?	Undertaken a joint piece of work with the RIEP, Individual with Autism and his family and support provider to work in a person centred way to establish if accommodation and support is suitable. Applied to DOH to take part in their proposed Individual Service Fund Pilot.	Work is undertaken on an individual level, however this is not aggregated and then fed into the local housing Strategy.	Red	People with Autism will have the opportunity of a range of accommodation options that includes sheltered accommodation, extra care, ownership and tenancy.
Is your local housing strategy addressing the short and long-term requirement of adults with autism?		This data and evidence has not been fed into the Housing Strategy process.	Red	The accommodation needs of people with Autism will be a part of the local housing strategy.
Are people with autism involved in this?			Red	

<p>Does your commissioning plan cover the roles of the community, voluntary and independent sector in delivering support services, including help with accommodation?</p>	<p>Wider commissioning plans are holistic plans that include support delivery across all sectors</p>	<p>There is no specific commissioning plan for people with Autism.</p> <p>People with Autism are not featured specifically within most commissioning plans</p>	<p>Amber</p>	<p>The needs of people with Autism are explicit in commissioning plans and the wider sector has an understanding of the needs of people with Autism and the support available.</p>
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Quality Outcome 4			Ratings: 4/4 Comments: 9/12	
Adults with autism are benefiting from the personalisation agenda in health and social care, and can access personal budgets.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
		Amber		
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Do you know how many people with autism there are in your area?	There is good evidence in relation to children with Autism.	The local strategic needs assessment does not evidence numbers or need. The local Authority needs to ensure its data system and its data capture methods begin to record those with Autism.	Red	The review of the Strategic Needs Assessment will indicate clear local numbers of people with Autism and outline need.
Do you know how many adults are in receipt of a personal budget?		The local Authority needs to ensure its data system and its data capture methods begin to record those with Autism.	Red	Data system needs to be in place that captures this information
Are all assessments conducted in line with processes and principles adopted in the development of <i>Working to Put People First: The Strategy for the Adult Social Care Workforce (England)</i>	Assessments are conducted in line with the principles contained within the strategy.	Still not clear how many people with Autism and sign posted somewhere else rather than receive an assessment. Because Autism does not fit current social care configuration some people may slip through the net.	Amber	People with Autism and their families will have access to a wide range of information and support that ensure they can maximise their own choice and control particularly in relation to self managing.

Are you offering appropriate support following screening?		Need some evidence to check what if any follow up takes place, e.g. referral to specialist advisor	Amber	
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Quality Outcome 5			Ratings: 2/2 Comments: 4/6	
Adults with autism are no longer managed inappropriately in the criminal justice system.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
		Red		
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Are you engaging the criminal justice system as a key partner in your planning for adults with autism?	The Learning Disability Partnership Board have done a significant amount of work in linking with the Criminal Justice system and helping them understand the needs of people with a learning disability, an element of this has been understanding how Autism can impact.	No formal or informal networks with the criminal justice system. Little evidence locally of how individuals and their carers experience the criminal justice system.	Amber	There are both formal and informal links with the criminal justice system through which the needs of people with Autism can have their needs addressed.
Have you considered joint planning for community based interventions?		We need to engage in more practical terms with the Criminal Justice system	Red	

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Quality Outcome 6			Ratings: 1/1 Comments: 3/3	
Adults with autism, their families and carers are satisfied with local services.		In this box enter your overall rating for this area Amber	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Do you routinely conduct satisfaction surveys which you feed into your commissioning plans?	The NHS and Local Authority routinely seek views of local people through a range of medium e.g. surveys, reviews and talking together forums	No specific work has been done with people with Autism and their carers to seek their collated views on how they experience NHS and Local Authority support.	Amber	The specific needs and views of people with Autism and their carers will contribute to local commissioning.

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Quality Outcome 7			Ratings: 3/3 Comments: 6/9	
Adults with autism are involved in service planning.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
		Amber		
(1) Key Outcomes. Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Have you established strategic planning mechanisms or involving people with autism and their carers?	Strategic development group in place across Darlington and Durham which includes carer representation, work underway to ensure user involvement.	No mechanism in place specifically for people with Autism to influence service development other than on an individual commissioned basis.	Amber	A clear mechanism in place that supports user and care involvement in strategic development.
Have you held any consultation events in your area?	A number of consultation events have taken place seeking and establishing local need and establishing simple value base. Events included a wide range of key stakeholders.	Need to establish regular and formal consultation process with people with autism and their families	Green	
Are you able to provide advocates to work with adults with autism?	Local jointly commissioned Advocacy service offers support to people with Autism		Green	

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Service Ambition 1			Ratings: 4/4 Comments: 7/12	
Local authorities and partners know how many adults with autism live in the area.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
		Amber		
(1) Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Does your JSNA mention adults with autism? Have you plans to collect and collate relevant data about adults with autism.	Work in region to establish a standard template for completion and insertion in Assessment	Current Needs Assessment does not reference people with Autism – next review needs to be clear about both numbers and need	Red	
Is your LA following the Special Education Needs (SEN) statutory guidance around transition planning in relation to their social services responsibilities for children and young people?	Yes Developing an all age learning disability service to ensure a smooth and joined up transition process from birth to death.	The transition process needs to be consistent ensuring that employment is a key element	Green	
Are numbers identified?	Yes		Green	

<p>Is your LA considering allocating responsibility to a named joint commissioner/senior manager of community care services for adults with autism in the area?</p>	<p>Yes proposal is to allocate a senior manager to be commissioning lead across the PCT and Local Authority</p>		<p>Green</p>	<p>Formalise lead commissioning agreement</p>
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Service Ambition 2				Ratings: 5/5 Comments: 6/15	
A clear and trusted diagnostic pathway is available locally.		In this box enter your overall rating for this area		Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
		Red			
(1) Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)	
Have you a clear pathway developed locally?	Resource has been identified within the PCT to commission a pathway	There is no clear pathway at present – access is available to diagnosis however it is not consistent	Amber		
Have you surveyed staff, adults with autism, professionals to monitor its impact?			Red		
Has the local area (L.A. LSP) appointed a lead professional who can map out current services against best practice?		No dedicated lead for Autism, additional resource required	Green	People with Autism and their carers will know what support is available locally and be clear about how this support can be accessed.	
Following diagnosis does the pathway include the healthcare professional informing the adult diagnosed that under the NHS Community Care Act 1990 LAs have a duty to carry out an assessment?		Currently no pathway in place	Red	Diagnosis and pathway will include appropriate signposting	

Is the LA notified promptly by the provider/healthcare provider (when an adult is diagnosed with autism)?			Red	
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Service Ambition 3			Ratings: 4/4 Comments: 5/12	
Health and social care staff make reasonable adjustments to services to meet the needs of adults with autism.		In this box enter your overall rating for this area	Instructions: In column 4 select Red/Amber/Green from drop-down. In columns 2, 3 and 5, click on cell and enter text. Maximum length 1000 characters.	
(1) Assessing progress in your local area	(2) Good things happening State evidence	(3) Where do things need to get better? What are the gaps?	(4) How do we score?	(5) One thing we want to be better in 12 months (Key priority)
Amber				
Are staff who carry out assessments receiving training on how to make adjustment in their behaviour and communication?	The Local Authority ensures regular training takes place, to both raise awareness and train staff in the techniques they need to support people with Autism, this is opened up to local providers.	Still not enough specialist and targeted raining for those who have regular contact with people with Autism.	Amber	
Have you considered what autism awareness training is made available to all staff working in health and social care and how training can be prioritised?	Regular awarenes traing takes place, which is open across the sector	More a targeted training is required	Amber	
Have you plans to survey staff, service users and carers on different aspects of the service?		No plans in place, however this will be considered as a part of a wider "think Customer Strategy within the Local Authority	Red	
Do you include autism within key procedures?			Red	

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Are there any of the ten outcomes where you feel you are performing well?

Are there any areas of good practice you could share with other localities?

We have very recently started a piece of partnership work with a local Further Education College. This will involve a partnership between the Local Authority, the College and two third sector providers, one of whom will support the development of independence skills and one that will support employment skills. A key focus of this work will be young people with autism between 16 and 25 years old.

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Date	Version	Change	
03/01/2012	5_03	Included LA codes for 8 LAs omitted in v5_02:	Barnsley
		Consequential alteration to range in Local Authority data validation range and data lookup table ranges in Results page.	Bradford Calderdale Doncaster Kirklees Leeds Rotherham Sheffield Wakefield

