# CHILDREN AND YOUNG PEOPLE SCRUTINY 10 JANUARY 2011

# TEENAGE PREGNANCY, CONCEPTION RATES AND HEALTH EDUCATION IN SCHOOLS

# SUMMARY REPORT

## **Purpose of the Report**

1. To present the current picture and progress with teenage pregnancy, conception rates and health education related to this in schools and other settings.

## Summary

2. Following the previous Scrutiny Committee held in June 2010 this report identifies progress towards the recommendations.

#### Recommendations

- 3. It is recommended that:-
  - (a) Members note and support the work currently being undertaken within schools to ensure quality sexual relationship education programmes are provided.
  - (b) Members note and support the work with young people, parents and carers and practitioners to ensure awareness and knowledge of the sexual relationship issues.

# Murray Rose Director of People

## **Background Papers**

There are no background papers to support this report.

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S17 Crime and Disorder	No specific crime and disorder issue
Health and Well Being	Teenage pregnancy is a key health issue
Sustainability	n/a
Diversity	The issue affects all groups in the community
Wards Affected	All
Groups Affected	0-19 years
Budget and Policy Framework	This report does not affect the Budget and Policy
	Framework
Key Decision	This report does not involve a Cabinet decision
Urgent Decision	This report does not involve a Cabinet decision
One Darlington: Perfectly Placed	The report is consistent with the Strategic
	Community Strategy
Efficiency	Service seeks efficiencies

# MAIN REPORT

# **Information and Analysis**

- 4. Action has taken place following the Scrutiny Committee held in June 2010.
- 5. Using the health based issues survey carried out within the majority of the secondary schools, the information obtained is then used to develop the scheme of work. Staff training is provided to meet the needs of the young people within that setting. This ensures that the programme delivered is tailored to the specific needs of the pupils within the school. The impact of this will be measured annually via the survey.
- 6. The decision made by schools to not progress the 'clinic in a box' within their settings has not changed. However, in order to ensure a 'young people friendly environment' alternative venues are being identified which can be open weekends and evenings. Currently the SWITCH (substance misuse service for young people) office base has agreed to 'pilot' a Saturday service for young people. This will be reviewed after three months.
- 7. Primary schools continue to make progress with the training and delivery of 'Lucinda and Godfrey' which has been very well received.
- Additional progress regarding health education provision includes an intake of 19 participants on the PSHE (Personal Social Health Education) Continuous Professional Development Programme 2010 – 2011. This means high quality delivery of health education by trained professionals including teachers, Teaching Assistants, Youth Workers and Residential Care Staff.
- 9. A parent and carer programme has been piloted following the consultation and development of the programme. Feedback from the programme has been excellent and future delivery is planned for the New Year. This supports families understanding and awareness of the sexual health and contraception issues.
- 10. The 12 19 year action plan is being piloted by youth workers in their respective areas alongside a draft version of the new policy and practice guidance for relationships education and sexual health. This will be reviewed and changed in response to young people's feedback.
- 11. A resource for young people who are 'looked after', and therefore potentially at 'high risk' of early pregnancy, has been developed and will be implemented in January. Training will be mandatory for all key staff working with these young people to complete the activities and have the specific 'conversations' when the pilot is complete. The resource can be used by other groups of staff and young people including Youth Offending and Service and those not in mainstream education.
- 12. A full calendar of workforce development for the academic year has been made available to all staff. This includes training on SRE, drugs, alcohol and smoking and emotional health and wellbeing.