
DARLINGTON HEALTH PROFILE 2014

SUMMARY REPORT

Purpose of the Report

1. The Darlington Health Profile 2014 provides information on a range of areas to give the Council and NHS services an understanding of local needs so that actions can be jointly planned to improve health and wellbeing and address health inequalities. The purpose of the report is to inform members' of the key messages in the Health Profile 2014.

Summary

2. The content of the profile includes a range of indicators, categorised as:-
 - (a) Child Health
 - (b) Adult Health
 - (c) Deprivation
 - (d) Life Expectancy
 - (e) Health Inequalities

Living Longer

3. The health of people in Darlington is variable compared with the England average. The profile shows the life expectancy for men and women in Darlington for 2010-2012. The population is divided into deciles (tenths) by deprivation, from the most deprived decile to the least deprived.

The size of the gap in life expectancy between the richest and poorest men is 12.4yrs. The size of the gap in life expectancy between the richest and poorest women in Darlington is 8.1yrs.

The Darlington premature death rate (death before age 75 years) is reducing for both men and women but is still higher than England.

4. The Health Profile consists of thirty-two indicators comparing the health of people in Darlington with the rest of England.

**Indicators rated red are significantly worse than the England average.
Indicators rated amber are not significantly different from England average.
Indicators rated green are significantly better than the England average.**

The range of indicators in 2013 and 2014 are similar but not identical, comparison

between years are still possible but need to take the differences into account.

5. Analysis of indicators ranked by consistency and severity of difference to England over time, (2008-2014) highlights nine indicators, including Deprivation, Smoking in Pregnancy, starting Breast Feeding, Teenage Pregnancy, Hospital stays (Alcohol, Self-harm).

The Health Profile 2014 rates 13 indicators as Red, 12 as Amber and six (6) as Green. In Tees Valley, Darlington has the lowest number of red indicators and the highest number of green indicators.

Priorities to reduce inequalities in Health and Wellbeing

6. To continue to reduce inequalities in health between Darlington and England, attention needs to focus on indicators that reflect risks to health and wellbeing that are consistently significantly worse locally than in England. These are summarised below:-

- (a) Employment and regeneration

- Deprivation
- Long-term unemployment

- (b) Maternal and Child Health

- Smoking status during pregnancy
- Breastfeeding initiation at birth
- Under 18 year conceptions

- (c) Adult Nutrition and Misuse of Alcohol

- Poor adult nutrition (and the implications for higher rates of obesity, blood pressure and diabetes).
- Hospitalisation for harm caused by excess alcohol consumption

Recommendation

7. It is recommended that Members' note the attached Health Profile 2014 and receive further reports as appropriate to key lines of enquiry.

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Director of Public Health

Background Papers

Darlington Health Profile 2014, Public Health England, July 2014

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| S17 Crime and Disorder | There are no implications arising from this report. |
| Health and Well Being | Effective use of healthcare and health improvement resources must take account of local needs assessments, appropriateness and acceptability of the action, efficiency and effectiveness of the action and the duration of the action. |
| Carbon Impact | There are no implications arising from this report. |
| Diversity | There are no implications arising from this report. |
| Wards Affected | The report highlights the differences between the most, and least, affluent areas. |
| Groups Affected | The impact of the report on any Group is considered to be minimal. |
| Budget and Policy Framework | This report does not represent a change to the budget and policy framework. |
| Key Decision | No |
| Urgent Decision | No |
| One Darlington: Perfectly Placed | The report contributes to the delivery of the objectives of the Sustainable Community Strategy in a number of ways through the involvement of local elected Members'. |
| Efficiency | There are no issues relating to Efficiency which this report needs to address. |