# HEALTH AND PARTNERSHIPS SCRUTINY COMMITTEE 9 SEPTEMBER 2015

ITEM	NO	8	3	
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### DARLINGTON'S LONG TERM CONDITIONS COLLABORATIVE

## **SUMMARY REPORT**

## **Purpose of the Report**

 To update members on the progress of Darlington's Long Term Conditions Collaborative (DLTCC).

## **Summary**

- 2. Darlington's Long Term Conditions Collaborative was formed as part of the Better Care Fund and is only one of the improvement strands running as part of this programme across health and social care.
- 3. The aim of the project is to improve the journey for people living with Darlington's most prevalent multiple chronic long term health conditions.
- 4. Improvement work is planned in Primary Care at the end of August.
- 5. The first cross organisational Rapid Process Improvement Event will be held in October over a three week period.

## Recommendation

6. It is recommended that Members note the content of this report.

# Murray Rose Director of Commissioning

## **Background Papers**

None

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S17 Crime and Disorder	There are no direct benefits for Crime and Disorder.	
Health and Well Being	People living with multiple LTC's access both health and care services. The project includes aspects of self-management to improve health and well-being.	
Carbon Impact	There are no carbon impacts that could be measured.	
Diversity	Some people living with multiple LTC's are located within diverse communities.	
Wards Affected	All wards will potentially be affected by any changes impacted on by DLTCC.	
Groups Affected	The whole population will potentially be impacted upon by DLTCC.	
Budget and Policy Framework	The project is using LEAN improvement techniques to remove duplication across agencies which should deliver more for the same money or more for less money.	
Key Decision	This is not a key decision.	
Urgent Decision	This is not an urgent decision.	
One Darlington: Perfectly Placed		
Efficiency	The project aims to deliver value for money.	

### **MAIN REPORT**

## **Information and Analysis**

- Darlington's Long Term Conditions Collaborative is a multi-agency approach to improving the customer journey through the complex system of health and care services.
- 8. The organisations involved are Darlington Borough Council, County Durham and Darlington NHS Foundation Trust, Tees, Esk and Wear Valley NHS Foundation Trust & Darlington Clinical Commissioning Group with support from Primary Care, Primary Healthcare Darlington & North East Ambulance Service.
- Support for the project has also been given from NHS Area Team by recommending the project for support from the NHS IQ Long Term Conditions work stream.
- 10. The collaborative was set up following the success of the Dementia Collaborative with the aim of using LEAN or the Virginia Mason Production System improvement methodology to remove wasteful activity from the system and reduce duplication across agencies, to improve the customer journey.
- 11. The aim of the project is to improve the journey for people living with Darlington's most prevalent multiple chronic long term health conditions.

- 12. Darlington's Long Term Conditions Collaborative forms as part of the Better Care Fund and is only one of the improvement strands running as part of this programme across health and social care.
- 13. An analysis was undertaken to establish the most prevalent long term conditions that affect the population of Darlington and these conditions form the basis of the 2 year improvement programme.
- 14. The conditions initially identified as being in scope are COPD, CHD, Heart Failure, Asthma, CKD and Diabetes.
- 15. The project will also look at any co-morbidity associated with these diseases such as anxiety and depression.
- 16. Improvement work is also taking place in Primary Care, with a one day event in August 2015 to look at the diagnosis of people suffering from Breathlessness.
- 17. The first Rapid Process Improvement event is planned for October 2015 where a cross organisational team will look to improve the Stable pathway for those people suffering from COPD, Coronary Heart Disease and Heart Failure.

#### Service User Involvement

- 18. Discovery interviews were conducted via DAD in 2013 which has given a good basis for what needs to be improved.
- 19. This has also been backed up by more recent service user consultation as part of a Diabetes project, which had very similar findings.
- 20. The customer voice will be at the heart of the improvement via a reference group to ensure that any changes meet the needs of service users and real customer experiences will be used as a focus for the improvement event to ensure the team stay focused on customer experiences.

### Conclusion

21. Following the event in October an analysis of the benefits and the event's overall success will be undertaken before the next steps are agreed.

#### Recommendations

22. Members note the content of this report.