
HEALTH AND WELL BEING PLAN

SUMMARY REPORT

Purpose of the Report

1. To share the final draft Health and Wellbeing Plan, which has been endorsed by Health and Wellbeing Board. The plan has a five year life, in line with the Children and Young People Plan.

Background

2. In 2014 it was agreed by Council and subsequently by the Health and Wellbeing Board that “One Darlington Perfectly Placed” – the sustainable community strategy – would constitute the Health and Wellbeing Strategy for Darlington, with a suite of plans delivering the strategic objectives.
3. The Health and Wellbeing Plan is one of these plans.

Recommendation

4. Scrutiny Committee is asked to
 - (a) Note the content of the plan; and
 - (b) Review the initial action plan.

Miriam Davidson
Director of Public Health

Background Papers

- (i) Children and Young People Plan 2017 – 2022 (Work in Progress)
- (ii) Better Care Fund plan 2017 - 2019

S17 Crime and Disorder	There are no implications arising from this report.
Health and Well Being	This collaborative work will provide improvements for health and wellbeing of residents.
Carbon Impact	There are no implications arising from this report.
Diversity	There are no implications arising from this report.
Wards Affected	All
Groups Affected	All
Budget and Policy Framework	N/A
Key Decision	N/A
Urgent Decision	N/A
One Darlington: Perfectly Placed	This report pertains to the delivery of the Darlington Health and Wellbeing Strategy, which is a function of One Darlington Perfectly Placed
Efficiency	N/A
Implications for Looked After Children and Care Leavers	There are no issues contained within the report that will have implications on Looked After Children or Care Leavers.

MAIN REPORT

Development of the Health and Wellbeing Plan

Approach

5. The development of a Health and Wellbeing Plan for Darlington has followed a number of principles:
 - (a) A “Life Course” approach: Starting Well, Living Well, and Ageing Well.
 - (b) Most people in Darlington do not need services to support their health and wellbeing, so this plan includes addressing the underlying and environmental conditions that promote healthy lifestyles and resilience.
 - (c) Signposting to, rather than duplicating the content of, related delivery plans.
 - (d) Maximising the existing structures, groups and channels in Darlington, and minimising the need for new mechanisms.
 - (e) A five year initial life, with annual Health and Wellbeing Delivery Plans which will inform the Health and Wellbeing Board agendas.

Current position

6. A final draft is attached as ANNEX A. It is not quite final as it requires signatures of Health and Wellbeing Board members, and an image of the front cover of the CYP Plan, currently in progress.

Delivery and Monitoring

7. The plan is largely delivered through other plans. Key deliverables from those plans year by year are set out in the action plan.
8. A suite of indicators will be drawn from those delivery plans, and a review of the data currently collected in existing performance and management systems will provide a baseline for the development of tailored indicators for this plan, from 2018/19.
9. The Health and Wellbeing Plan is owned by the Health and Wellbeing Board and six monthly updates are proposed.