
**DIRECTOR OF PUBLIC HEALTH DARLINGTON ANNUAL REPORT 2016
“MENTAL HEALTH AND WELLBEING FOR CHILDREN AND
YOUNG PEOPLE IN DARLINGTON”**

**Responsible Cabinet Member - Councillor Andy Scott,
Health and Partnerships Portfolio**

**Responsible Director :
Suzanne Joyner, Director of Children and Adults Services**

SUMMARY REPORT

Purpose of the Report

1. The share with Cabinet the Director of Public Health Darlington Annual Report 2016, Mental Health and Wellbeing for Children and Young People in Darlington (**Appendix**).

Background

2. This is the third annual report following the transfer of public health responsibilities from the NHS to local government, as part of the Health and Social Care Act 2012.
3. The first report, “Building Blocks for Good Health in Darlington” 2013/2014 described some of the key health issues people face in Darlington and proposed key actions to improve the health of our population and to reduce health inequalities.
4. The second report, “A Shared Agenda”, 2014/15, considered aspects of the wider determinants of health and well-being and identifies the actions needed via a range of partnerships to shift the focus upstream to improve the health and well-being of our local population.
5. The context for choosing the theme of Mental Health and Wellbeing for Children and Young People includes the recognition that in order to develop resilience in adult life we need to begin setting the foundations in childhood. The report describes risk factors and protective factors that influence the individual child, families school-life and communities.
6. The report describes local actions in Darlington to promote good mental health, build resilience to protect mental health and treat mental ill health.

Recommendation

7. Cabinet note the Director of Public Health Darlington Annual Report 2016 and forward comments as invited to the Director of Public Health.

Reasons

8. The Health and Social Care Act 2012 stipulates the responsibility of the Director of Public Health to provide an annual report and for Council's to publish that report.

Suzanne Joyner
Director of Children and Adults Services

Miriam Davidson - Ext 6302

Background Papers

Mental Health and Wellbeing for Children and Young People in Darlington, Annual Report of the Director of Public Health, Darlington 2016

S17 Crime and Disorder	N/A
Health and Well Being	Applies to individuals and communities
Carbon Impact	N/A
Diversity	N/A
Wards Affected	All
Groups Affected	All with specific reference to children
Budget and Policy Framework	No impact on the budget
Key Decision	N/A
Urgent Decision	No
One Darlington: Perfectly Placed	This aligns to "Best Start in Life" objective
Efficiency	N/A