

Children and Young People's

Healthy Lifestyles Survey 2015 - 2016



Setting the scene

4475
secondary
pupils 1073
primary
pupils

tobacco,
bullying, the
internet,
relationships
and sexual
health and
diet / exercise,

Using Social Norms to influence positive behaviour.



Primary Schools Key Findings

97% have not tried smoking

66% overestimated how many children their age have tried smoking

40% are often near second hand smoke



Primary Schools Key Findings

75% have one or more social network account on the internet

36% of children have online friends they do not know in person



Secondary Schools Key Findings



86% reported that they feel happy in general with their life at the moment

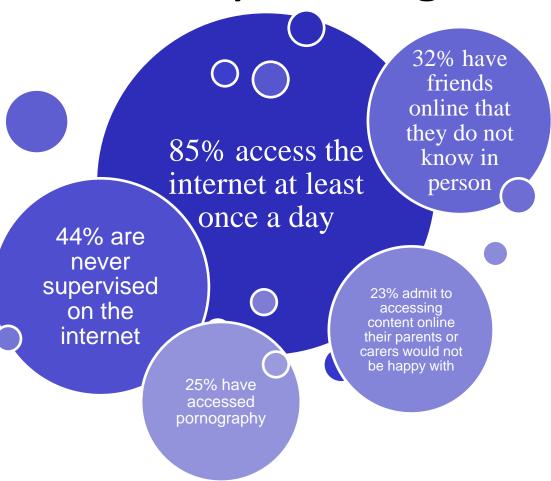
76% can identify someone they would talk to if they were worried

74% said they can deal with peer pressure and say 'no'

24% of those questioned said they have experienced bullying



Secondary schools Key Findings





Actions

- Feedback to individual schools through a Team Around the School (TAS) Action
 Plan
- Schools to implement plans around the issues that have been highlighted in time for new term in <u>September 2016.</u>
- Review the questions to be included in the 2017_survey
- Engage with wider stakeholders including Trading Standards, Environmental Health and providers of Children's Services and ensure that all resources are utilised and messages are consistent.
- Further primary settings have expressed an interest in participating in 2017 survey.

