
OVERVIEW OF HEALTH AND PARTNERSHIPS PORTFOLIO

Purpose of the Report

1. Since the last meeting of Council, the main areas of work under my Health and Partnerships Portfolio were as follows.

Public Health

0-19 years, Children's Services Public Health

2. Officers from the Council have continued to meet with the team from Harrogate and District NHS Foundation Trust to oversee the implementation of a comprehensive mobilisation plan.
3. Harrogate and District Foundation NHS Foundation Trust has commenced an extensive programme of communication and engagement including meetings with staff, service users and other partners in Darlington and engaged them in the formation of the new service from 1 April 2016.
4. The new Service is on track to commence 1 April 2016.

Community Contraception Service

5. County Durham and Darlington NHS Foundation Trust ceased to provide the service from 4 January 2016. Interim arrangements have been put in place, where possible, to provide on-going access to contraceptive advice and support, with priority being given to under-25's, who are at greatest risk of poorer sexual health.
6. Services provided by General Practice and Community Pharmacists remain unchanged. The closure of the clinical sessions at Park Place, however, has created some gaps in access for those over 25 years of age. In response to this, work is underway to establish some additional clinical sessions during the transition period, which is 4 January to 31 July 2016.
7. The consultation, as part of the procurement of the new service, is underway, in collaboration with Healthwatch, with a focus on both service users and potential service users. There is an emphasis on young people due to a high proportion of users of the service being from this demographic. The consultation includes both questionnaires and focus groups and effort is being made to ensure the consultation is inclusive of all hard to reach groups.

NHS Health Checks

8. The NHS Health Check programme in Darlington continues to perform well.
9. Up to the end of December 2015, 1,555 Darlington residents were offered a Health Check by their GP in Darlington. As part of the new contract for GPs, 1,437 residents were provided with healthy lifestyle advice and 963 residents were provided with an alcohol brief intervention as part of their Health Check.
10. Since 2013, when the Health Check programme began, until the end of October 2015, 26.2 per cent of the eligible population have had a Health Check in Darlington, compared to 22.9 per cent in England as a whole.

Childhood Obesity

11. The latest evidence on sugar, '*Sugar Reduction; The Evidence for Action*', was published by Public Health England on 22 October 2015. The national Childhood Obesity Strategy is expected to be published imminently. A Darlington Obesity Strategy is to be collaboratively produced following on from the publication of the national strategy. The local strategy will include a focus on a 'whole systems approach' to tackling obesity by partners working together to address the obesogenic environment, environments that encourage people to eat unhealthily and not do enough exercise.

Stop Smoking Service Needs Assessment

12. A rapid needs assessment and service review of stop smoking services in Darlington has been undertaken, the purpose of which was:
 - (a) To better understand current need and provision in relation to stop smoking advice and support in Darlington; and
 - (b) To provide Darlington Borough Council with information that can be utilised to ensure the most effective and efficient use of available resources to reduce smoking rates in Darlington.
13. A range of information was reviewed, including how and where services are provided, service uptake and outcomes and smoking prevalence amongst specific groups. The following key points have emerged and will be used to inform the model being commissioned going forward:
 - (a) Reducing smoking prevalence can bring a range of health, social and economic benefits to the individual, their family and the wider community. Whilst there has been some reduction in prevalence of smoking in Darlington over recent years, rates remain above the England average and in particular, rates amongst pregnant women are significantly higher.
 - (b) The absence of any formally commissioned stop smoking support services for pregnant women means existing support may be withdrawn, leaving pregnant

women without specialist support to help them stop smoking.

- (c) Whilst routine and manual workers have the highest uptake of stop smoking support services in Darlington, they experience poorer quit rates than several other groups.
- (d) The lack of active stop smoking support providers in some parts of the Borough with higher levels of deprivation, may mean access to support is reduced for groups who may have the greatest need.

One Darlington Partnership

- 14. At its last Board meeting the Partnership considered the mental health and wellbeing of children and young people. It agreed it would ask the Children's Collective to carry out a time limited piece of work to determine the best use of resources to help children build and maintain resilience as they enter adolescence, particularly at points of transition. The objective will be to report back to the Partnership Board at its meeting on 11 May, 2016.
- 15. The next Best of Darlington awards will be held on 6 May 2016. A call for nominations opened this month. The categories for this year are :-
 - (a) Contribution to Sport;
 - (b) Performance in Sport;
 - (c) Volunteer of the Year;
 - (d) Contribution to the Community;
 - (e) Young Person's Contribution to the Community;
 - (f) Vocational Excellence;
 - (g) Academic Excellence;
 - (h) Exceptional Student;
 - (i) Contribution to the Environment;
 - (j) Contribution to the Arts;
 - (k) Public Sector Hero;
 - (l) Business – Contribution to the Community;
 - (m) Business – Bringing Success to Darlington; and
 - (n) Most Ingenious.

16. The closing date for nominations is 25 March 2016.
17. As in previous years the event will be funded entirely from sponsorship.

Healthwatch

18. Healthwatch Darlington's (HWD) communication and engagement strategies continue to expand reaching more people and organisations daily. Promotion on social media continues and HWD continues to visit and identify Access Points in different community venues to ensure health and social care information is available for residents when and if needed.
19. The Mental Health, Learning Impairment, Darlington Ageing Well (DAWN) and Darlington Organisations Together Networking Groups have all met recently. Guest speakers spoke in relation to the new Community Peer Mentor Service, Talking Changes Improving Access to Psychological Therapies (IAPT) Service, Defence Military Welfare Service, Safer Places in Darlington, Multi-disciplinary Teams, Dementia Alliance, Work of Future Steps Consultancy and Darlington Probation's 'Making Good by Giving Back' Project.
20. The Children's Collective also received an update on the Children's and Young People's Mental Health and Wellbeing Transformation Plan, Child Health Profile 2015 and Ofsted's report on Children's Social Services. An Interfaith Event for 11 to 25 year olds brought young people together to learn about different and diverse cultures and faiths living in Darlington.
21. HWD have also promoted Youthwatch in schools, colleges, youth clubs and other children's and young people's community groups resulting in 60+ young people completing comment cards and several signing up for Youthwatch.

Health and Well Being Board

22. The Board received a report detailing the development of the New Models of Care which had been identified as a part of the 2020 vision for Darlington's health and care economy. In doing so it considered the working arrangements, including programming of meetings and development sessions, focus of future Board Meetings and the refreshing of the Health and Well Being Strategy with the Programme Definition Document. The three priorities of the Strategy, namely, focus resources in areas of highest need, create a sustainable health and social care economy and improve the management of Long Term Conditions, had been broken down into six work programmes to deliver achievable but beneficial improvements.
23. The Board noted the progress of the North East and Cumbria Fast Track Programme relating to people with a learning disability who are inappropriately living as in-patients and in doing so considered the draft Durham and Darlington Locality Plan which is embedded in the North East and Cumbria Fast Track Learning Disability Transformation Plan.

24. The Board endorsed the final County Durham and Darlington Urgent Care Strategy 2015/20 which is fully up to date in terms of recent national guidance to support the local implementation of the national vision. The main elements of the national approach were self-care; right advice or treatment first time; faster, convenient, enhanced service; and identifying and designating available services in hospital based emergency centres.
25. Board was advised that the eight high impact interventions had been developed and that the County Durham and Darlington System Resilience Group had overall responsibility for capacity planning and operational delivery across the health and social care system for urgent and emergency care.
26. The Board received an update on the local Children and Young People's Mental Health and Wellbeing Transformation Plan which has been formally approved by NHS England. A requirement of the Plan is for local areas to develop a plan focused on improving access to help and support when needed and improve how services were organised, commissioned and provided. Updates on delivery of the Plan will be provided by NHS England during 2016.
27. In order that the Board can be assured that the Safeguarding Adult and Children Boards' are effectively co-ordinating multi-agency safeguarding practice in Darlington the Board received the Annual Reports of both the Safeguarding Adults Board and the Darlington Safeguarding Children Board.

Councillor A Scott
Cabinet Member with Portfolio for Health and Partnerships