

HEALTH AND WELL BEING BOARD

Thursday, 28 November 2019

PRESENT – , Councillor Tostevin (Cabinet Member with Housing, Health and Partnerships Portfolio), Councillor Mills (Cabinet Member with Adult Social Care Portfolio), Councillor Harker, Councillor Mrs H Scott (Leader of the Council), Suzanne Joyner (Director of Children and Adults Services), Miriam Davidson (Director of Public Health), Richard Chillery (Operational Director of Children's and Countywide Care Directorate) (Harrogate and District NHS Foundation Trust), Paula Swindale (Head of Commissioning) (NHS Darlington Clinical Commissioning Group), Michelle Thompson (Chief Executive Officer) (Healthwatch Darlington) and Jo Murray (Right Care Right Place Delivery Lead (Durham and Darlington)) (Tees, Esk and Wear Valley NHS Foundation Trust)

ALSO IN ATTENDANCE – Christine Shields (Assistant Director Commissioning, Performance and Transformation), Dr Deborah Wilson (Public Health England), Jon Lawler (Public Health Speciality Registrar), Nichola Kenny (Director of Performance) (County Durham and Darlington NHS Foundation Trust), Daniel Maddison (Commissioning Lead) (Durham, Darlington and Tees Mental Health and Learning Disabilities Partnership), Carl Bashford (Director of Partnerships and Case Management) (Tees, Esk and Wear Valley NHS Foundation Trust) and Hannah Fay (Democratic Officer)

APOLOGIES – Councillor Crudass (Cabinet Member with Children and Young People Portfolio), Dr Posmyk Boleslaw (Chair) (NHS Darlington Clinical Commissioning Group), Nicola Bailey (Chief Officer) (Darlington Clinical Commissioning Group), Michael Houghton (Director of Commissioning Strategy and Delivery) (NHS Darlington Clinical Commissioning Group), Sam Hirst (Primary Schools Representative), Sue Jacques (Chief Executive) (County Durham and Darlington Foundation Trust), Rita Lawson (Chairman) (VCS Strategic Implementation Group), Jonathan Lumb (Darlington Secondary Schools Representative), Colin Martin (Chief Executive) (Tees, Esk and Wear Valley Mental Health Foundation Trust), Alison Slater (Director of Nursing) (NHS England, Area Team), Stephen Cummings (Dean of School of Health and Life Sciences) (Teesside University) and Carole Todd (Darlington Post Sixteen Representative) (Darlington Post Sixteen Representative)

HWBB8 DECLARATIONS OF INTEREST.

There were no declarations of interest reported at the meeting.

HWBB9 TO HEAR RELEVANT REPRESENTATION (FROM MEMBERS AND THE GENERAL PUBLIC) ON ITEMS ON THIS HEALTH AND WELL BEING BOARD AGENDA.

No representations were made by Members or members of the public in attendance at the meeting.

HWBB10 TO APPROVE THE MINUTES OF THE MEETING OF THIS BOARD HELD ON 4 JULY 2019

Submitted – The Minutes (previously circulated) of the meeting of this Health and Well Being Board held on 4 July 2019.

RESOLVED – That the minutes be approved as a correct record.

REASON – They represent an accurate record of the meeting.

HWBB11 LIVING AND AGEING WELL

In introducing the reports below, the Chair reminded Members of the 'life course' approach that had been adopted by this Board, and stated that the focus of this meeting would be 'Living and Ageing Well'.

(1) MENTAL HEALTH AND AUTISM UPDATE

The Director of Durham, Darlington and Tees Mental Health and Learning Disabilities CCG (Clinical Commissioning Group) Partnership submitted a report (previously circulated) providing Board with details of the key activity for the mental health and autism service provision in Darlington during the 2018/19 financial year, and details of activity commenced in the 2019/20 financial year.

The submitted report stated that Darlington services were based upon a Healthy New Towns approach; focussed on three key areas of regeneration, new models of care and digital technology; and that preventing mental ill health was a joint strategic priority for all partner agencies across the statutory and voluntary sector.

Reference was made to the services in place in Darlington; all targets were being met or exceeded; and CCG spend had increased every year in line with the Future in Mind transformation funding and Mental Health Investment Standard.

Discussion ensued on the support for people with dual diagnosis and co-existing medical conditions; the need for assurance in respect of autism services in Darlington; and that planning of services for 2020/2021 was underway and an update would be provided at a future meeting of the Board.

RESOLVED – (a) That the report be noted.

REASON – To enable the Board to consider the work on Mental Health and the Autism.

(2) SUICIDE PREVENTION UPDATE

The Director of Public Health submitted a report (previously circulated) updating Board on the Suicide Prevention Plan (also previously circulated) and local position for Darlington.

The submitted report stated that the action plan for the Darlington Suicide Prevention Group, a multi-agency group, was developed in 2016; the action plan was being

refreshed following a number of key regional and local work streams and would be concluded in 2020. Darlington suicide rates are not statistically different than the national and regional averages; there had been 36 suicides in Darlington between 2016 and 2018 (ONS source data). An early alert system for coordinating information around suspected suicides in Darlington had been reviewed.

Discussion ensued on signposting for counselling and support services.

RESOLVED – (a) That the update on suicide prevention plans for Darlington be accepted, and the revision of the action plan in April 2020, be noted.

(b) That the actions to implement a whole system approach to suicide prevention across Darlington, as set out in submitted report, be supported.

REASON – (a) Suicide remains a high public health priority and local authorities have a responsibility alongside key partners, to implement and deliver local suicide prevention plans.

(b) In line with national and regional strategy, there is a drive to reduce the overall suicide rate with funding attached to encourage local multi-agency action.

(3) WINTER PLANNING

The Director of Performance, County Durham and Darlington NHS Foundation Trust, gave a presentation to update Board on Winter Planning arrangements.

Members were advised of the aims of winter planning, to respond to seasonal demand whilst maintaining patient safety and experience; the pressures on acute services, accident and emergency and referral to treatment; the system response which included additional bed capacity, a reduced elective programme and safe staffing; an investment of £2million to mobilise winter schemes; and the introduction of new and enhanced services.

Discussion ensued in respect of the reduced elective programme.

RESOLVED – That the thanks of the Board be conveyed to the Director of Performance, for her informative presentation.

REASON – To convey the views of the Board.

(4) HEALTH PROTECTION ANNUAL REPORT

The Director of Children and Adults Services submitted a report (previously circulated) requesting that consideration be given to the Annual Health Protection Report (also previously circulated) published by the Public Health England North East Health Protection Team (HPT), entitled 'Protecting the population of the North East from communicable disease and other hazards' (2018/19).

The submitted report stated that the Annual Report summarised the activity of various health protection functions of the HPT; successful health protection required strong working relationships at the North East and local level; and reference was made to

the four elements to the work of Public Health England (PHE) in protecting the health of the population i.e. prevention, surveillance, control and communication.

Dr Wilson, in presenting the report, outlined the role of the HPT and the work it undertook. Particular reference was made to the prevalence of flu and norovirus and Members were advised of the key messages to manage norovirus.

Discussion ensued on vaccination rates and the effectiveness of vaccines.

RESOLVED – (a) That the content of the Public Health England North East Health Protection Team (HPT) Annual Report 2018/19 entitled ‘Protecting the population of the North East from communicable disease and other hazards’, as appended to the submitted report, be noted.

(b) That the health protection risks that affect some individuals and communities disproportionately resulting in poorer health, be recognised.

REASON – (a) To inform the Board on the work of the Public Health England North East HPT, to deliver safe and effective health protection services.

(b) The report provides evidence to the Director of Public Health in support of their assurance role.

HWBB12 TERMS OF REFERENCE

The Director of Children and Adults Services submitted a report (previously circulated) requesting that consideration be given to the revised Terms of Reference for the Health and Well Being Board (also previously circulated).

The submitted report stated that the revised arrangements and Terms of Reference were considered and approved by the Board at its meeting held on 17 January 2019; it had been agreed to review them on a regular basis; and that a number of minor amendments had been proposed.

RESOLVED – That the terms of reference be approved, with the inclusion of the following amendments:-

- i. the deletion of the NHS Darlington Clinical Commissioning Group’s Chief Nurse from the Membership of the Board;
- ii. the deletion of a representative of the Board of Primary Healthcare from the Membership of the Board;
- iii. the addition of Darlington Primary Care Network to the Membership of the Board;
- iv. the School of Health and Social Care be renamed to School of Health and Life Sciences, Teesside University; and
- v. the frequency of the Board meetings be increased to four meetings per year.

REASON – (a) To enable the Terms of Reference to be updated with a number of minor changes.

(b) To enable the Board to consider any further amendments to the Terms of Reference, as necessary.

FOR INFORMATION

HWBB13 ANNUAL REPORT OF THE DIRECTOR OF PUBLIC HEALTH 2018/19 - HEALTHY NEW TOWNS: DARLINGTON

The Director of Public Health submitted a report (previously circulated) requesting the Members note the Annual Report of the Director of Public Health 2018/2019 (also previously circulated).

The submitted report stated that the Annual Report had been produced as a requirement of the Health and Social Care Act 2012; the subject for discussion in the Annual Report 2018/2019 was Healthy New Towns with a focus on legacy; the report was structured around five chapters reflecting the key strands of the programme; and that the Annual Report had been submitted for information only purposes at this stage and would be considered by the Board at its meeting on 12 March 2020.

RESOLVED – (a) That the Annual Report of the Director of Public Health 2018/2019, as appended to the submitted report, be noted.

(b) That the Annual Report of the Director of Public Health 2018/2019 be received by the Health and Well Being Board at its meeting on 12 March 2020.

HWBB14 BETTER CARE FUND 2019/20

The Director of Children and Adults Services submitted a report (previously circulated) updating the Board on the 2019/20 Darlington Better Care Fund (BCF) Plan submission; and of the BCF plans beyond the current period.

It was reported that the BCF was a programme spanning both the NHS and Local Government; sought to join up health and care services; and brought together ring fenced budgets from Clinical Commissioning Group allocations and funding paid directly to local government.

The submitted report stated that the plan continued to be delivered at expected levels across the seven work streams; detailed the breakdown of the funding package; the future of BCF funding beyond the current period was to be confirmed; and an options exercise was underway across all funded schemes.

The BCF Plan for 2019/20 had been approved with no major changes to the requirements from 2017/19.

RESOLVED – (a) That the submission of the 2019/20 plan and expected timescales for approval, be noted.

(b) That the current position in respect of the BCF for 2020/21 be noted.

REASON – (a) The current year of the BCF plan is a continuation of previous years with the programme delivering well against the required metrics.

(b) Quarterly submissions will continue to be reported and submitted highlighting progress.

HWBB15 HEALTH AND WELL BEING BOARD RESPONSE TO PREVENTION GREEN PAPER CONSULTATION

The Director of Public Health advised the Members that a Health and Well Being Board response had been provided in respect of the Prevention Green Paper consultation; and further information was available on request.

RESOLVED – That the update be noted.

REASON – To provide the Board with an update on the response to the Prevention Green Paper consultation.

HWBB16 CARERS UPDATE

The Director of Children and Adults Service submitted a report (previously circulated) informing the Board of carers in Darlington; and updating Board on Darlington's Carers' Action Plan 2018-20 (also previously circulated).

The submitted report stated that there were 11,048 cares in Darlington as identified by the 2011 census; 25% of cares were providing care for 50 or more hours per week; the largest group of cares were those aged 50-64; and the Darlington Carers' Strategy Steering Group (CCSG) developed a Darlington Carers' Action Plan in response to the national Carers Action Plan.

RESOLVED – (a) That the contents of the report be noted.

(b) That Members act as champions for carers in Darlington and consideration be given to support the progress of the carers' agenda in Darlington.

REASON – To enable Darlington to respond to the requirements of the national carers action plan.