

PBH 058

Indicator Name

Under 75 mortality rate from cancer (per 100,000 population)

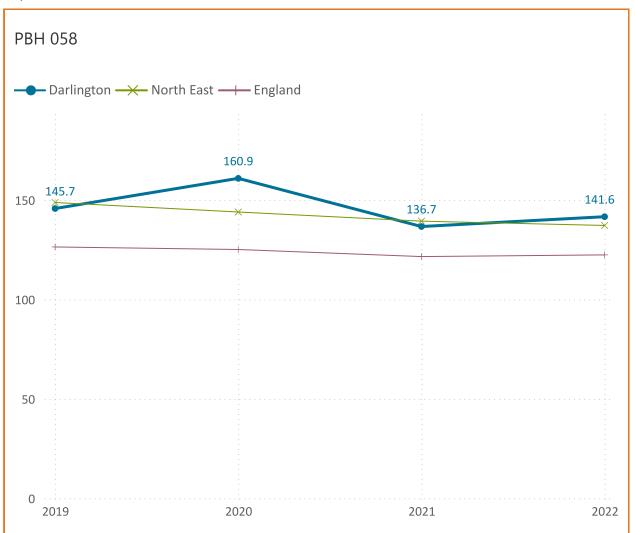
Theme or Portfolio

Priority or Key Action

Narrative

The latest data shows that the rate of under 75 mortality from caner in a year in Darlington was 141.6 per 100,000. Darlington is statistically similar to England and the North East.

Cancer is the highest cause of death in England in under 75s. To ensure that there continues to be a reduction in the rate of premature mortality from cancer the public health team supports a range of partners in their work to contribute to preventing and reducing early deaths from cancer. This includes providing support to smokers in quitting smoking and supports the NHS in supporting better uptake of screening and treatment to maximise those who survive a diagnosis of cancer.





PBH 048

Indicator Name

Chlamydia diagnoses in 15-24 year olds (per 100,000 15-24 population)

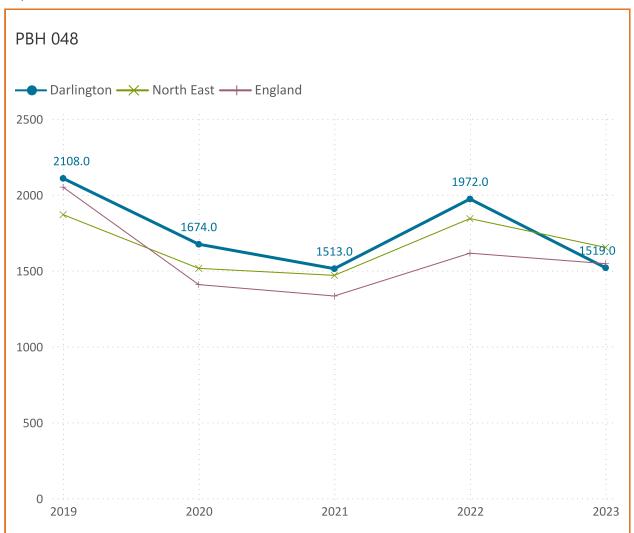
Theme or Portfolio

Priority or Key Action

Narrative

The latest data is 2023 which shows a diagnoses rate of 1,519 per 100,000. An increased detection rate is indicative of increased control activity. It is not a measure of disease in the community. Darlington rate has reduced faster than England and the North East.

The council commissions a specialist Sexual Health Service which has been working to improve uptake of screening by targeting younger people under 25 yrs, including access to online testing for over 16 years. This has increased the number of people getting tests. The School Nursing team work with schools to ensure Chlamydia screening is promoted appropriately within the curriculum.





PBH 060

Indicator Name

Under 75 mortality rate from respiratory disease (per 100,000 population)

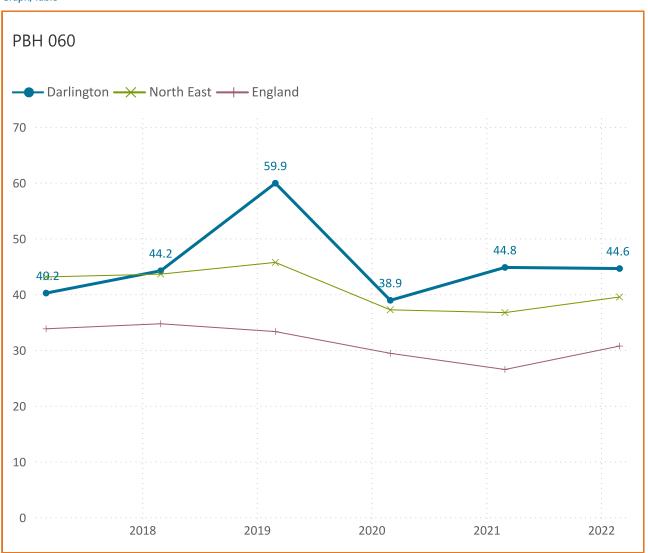
Theme or Portfolio

Priority or Key Action

Narrative

The latest data shows that Darlington has a rate of 44.6 per 100,000 of deaths from respiratory diseases in people aged under 75. This is statistically similar to the North East statistically worse and England.

The Public Health team commission a range of prevention interventions including a Stop Smoking Service which supports individuals to quit which improves their respiratory health and reduces the effects of second-hand smoke and interventions for children and young people which highlights the harms from tobacco. Environmental Health also monitor air quality including an annual action plan to improve air quality.





PBH 046

Indicator Name

Cumulative % of eligible population aged 40-74 offered an NHS Health Check who received an NHS Health Check in the five year period

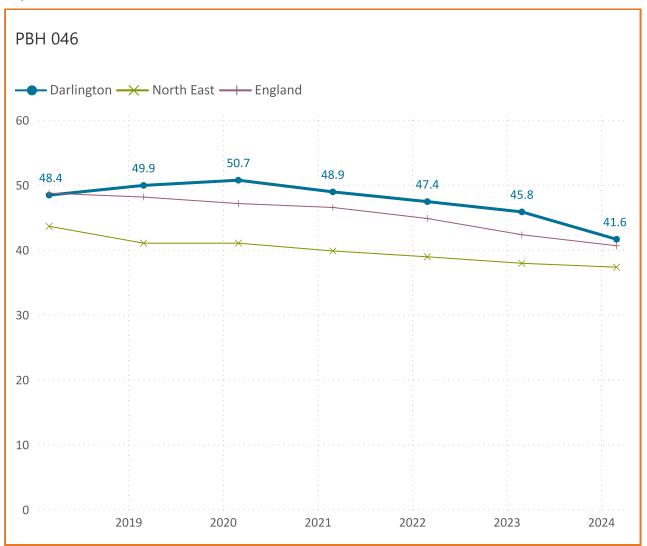
Theme or Portfolio

Priority or Key Action

Narrative

he latest data shows that 41.6% of those in Darlington who are eligible for an NHS Health Check are successfully receiving the check. Darlington is statistically better than England and the North East

Performance is monitored quarterly, with an annual target for each GP Practice to offer a health check to 20% of the eligible population (40-74 year olds) annually. This is incentivised to encourage the GP Practices to offer a health check to the maximum number eligible.





PBH 035iii

Indicator Name

Percentage of alcohol users successfully completing their treatment

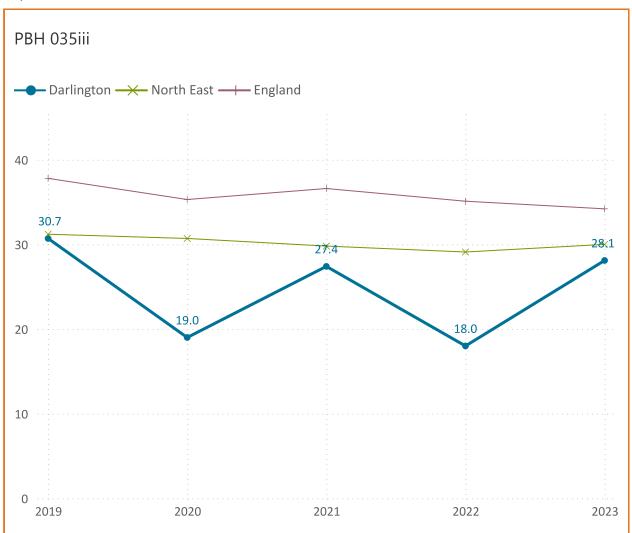
Theme or Portfolio

Priority or Key Action

Narrative

The latest data shows and improvement compared with the last report with 28.1% of alcohol users successfully completing structured treatment in Darlington which is statistically similar to the North East but remains worse than England.

There has been a growth in demand for alcohol treatment services in Darlington. There has also been an increase in the levels of dependency in people presenting for treatment. This improvement in outcomes reflects the success of the service in meeting demand and providing a quality service. There is a wider multiagency action to respond and mitigate the wider impacts of alcohol in our communities.





PBH 054

Indicator Name

Percentage of 5 year olds with experience of visually obvious dental decay

Theme or Portfolio

Health and Housing Portfolio

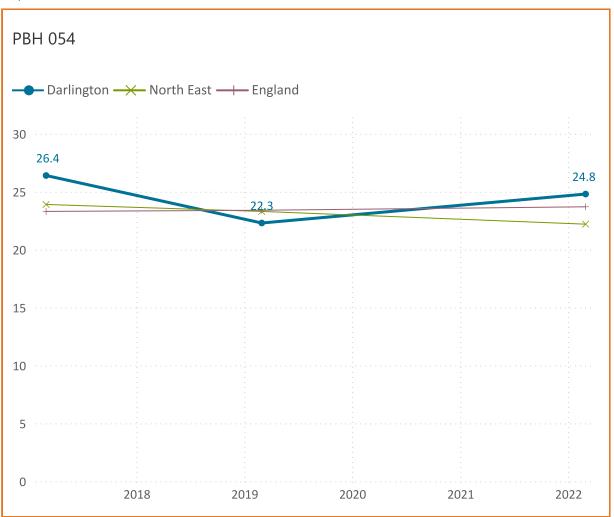
Priority or Key Action

Implement the Darlington Oral Health Plan 2017-2022 with partners

Narrative

The latest data shows that the percentage of Darlington 5-year-olds with experience of visually obvious dental decay has increased to 24.8%. This is statistically similar to both the England and North East

Tooth decay in children is a preventable cause of avoidable pain and illness in children. Dental decay is the most common cause of hospital admissions for 5 to 9 year olds and a significant contribution to the days absent from school. The Childhood Healthy Weight Plan for Darlington includes actions such as reducing sugar and fizzy drinks in settings such as schools and working with families on healthy weaning for babies, to help reduce dietary sources of sugar.





PBH 033

Indicator Name

Prevalence of smoking among persons aged 18+ years

Theme or Portfolio

Living well

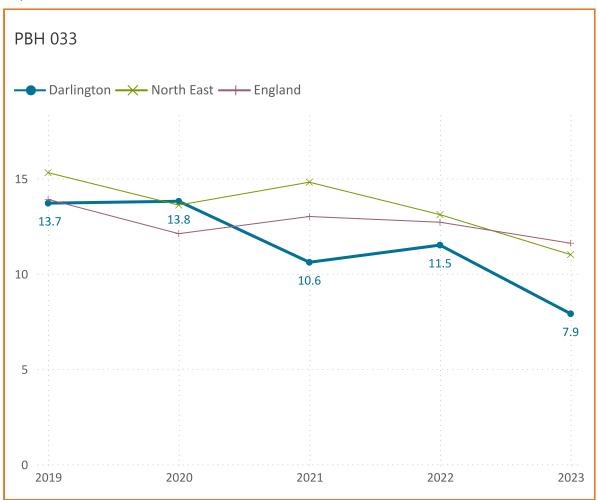
Priority or Key Action

Develop and implement a new public health strategy, focussed on tackling health inequalities, including developing strategies on domestic abuse, drugs, alcohol and physical activity

Narrative

This latest data from the 2023 Annual Population Survey (APS) shows that 7.9% of those who responded aged 18+ self-reported themselves as smokers in Darlington. This is the 4th year with a reduction from a peak of 13.8% in 2020. Darlington is statistically better than the North East and England.

There is now an established downward trend with fewer people in Darlington identifying themselves as smokers. It is expected that this reduction will be sustained due to the impact of new and existing measures to reduce smoking in the community including new legislation and extra funding to increase access to stop smoking interventions.





PBH 035i

Indicator Name

Percentage of opiate users successfully completing their treatment

Theme or Portfolio

Stronger Communities Portfolio

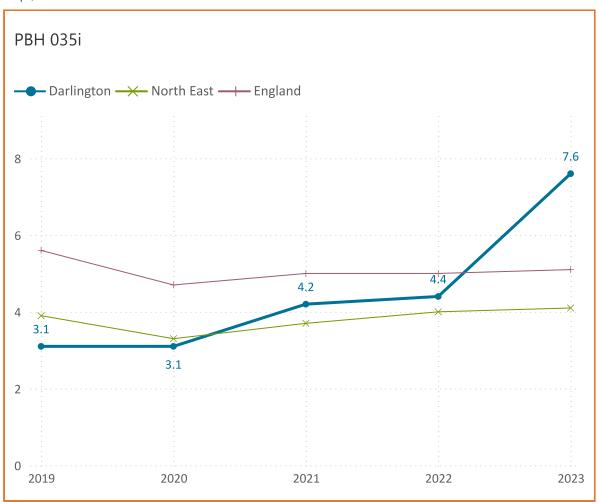
Priority or Key Action

Work with Durham Constabulary and other key partners to improve our collective response to dealing with drug and alcohol issues

Narrative

The latest data from 2023 shows that that there is an increasing trend for the proportion of Opiate users who are successfully completing structured drug treatment. This has now increased for two years to 7.6% of opiate users for Darlington from a low of 3.1% in 2020. Darlington is now statistically better than the North East and England.

This rise reflects the increased government investment in substance misuse treatment which has enabled increased access to better quality treatment. Resulting in an increase to the numbers in treatment and more positive outcomes. Local services remain focused on evidence based interventions to ensure services remain effective and optimised.





HBS 016

Indicator Name

Rent collected as a proportion of rents owed on HRA dwellings

Theme or Portfolio

Health and Housing Portfolio

Priority or Key Action

Maximise rental and service charge income from council tenants to ensure we are able to provide them with a comprehensive range of good quality housing management and support services

Narrative

Rent collection rates for quarter 2 of 2024-25 were 99.63%, which is an increase from Q1 collection rate.

2,198 Council tenants are now in receipt of some element of Universal Credit (UC) and have the 5 week wait, prior to first payments being received. However, average arrears for UC customers remains around 5 weeks average rent.

The managed migration to UC has started and collection rates are expected to be affected as tenants await their payments and move from weekly to monthly benefits. Housing Services are continuing to work with the DWP to support and guide tenants through the period of migration.





PBH 013c

Indicator Name

Percentage of infants that are totally or partially breastfed at age 6-8 weeks

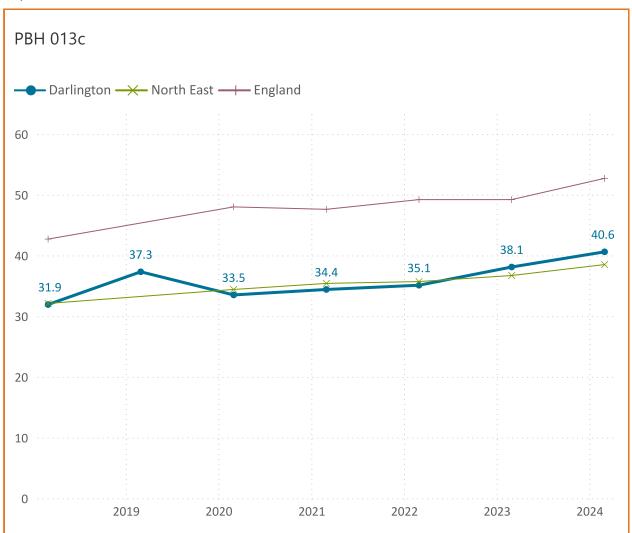
Theme or Portfolio

Priority or Key Action

Narrative

The data (from 2023/24) shows that 40.6% of infants in Darlington are totally or partially breastfed at 6-8 weeks after birth. This is an improving picture and statistically similar to the North East. Although statistically worse than England the gap is narrowing.

The midwifery team in the hospital initiates breastfeeding with new mothers at the time of delivery. When the mother and baby is discharged from the midwifery service the Health Visiting team then provides a proactive offer of structured breastfeeding help. The Health Visiting Service hold UNICEF BFI Gold Ambassador Status, which demonstrates sustainability of good practice.





HBS 025

Indicator Name

Number of days spent in "Bed and Breakfast"

Theme or Portfolio

Priority or Key Action

Narrative

The number of nights spent in bed and breakfast accommodation was 8,004 in quarter 2 of 2024-25. This is significantly higher than the same period in 2023-24, which was 3,657, a 119% increase.

The Council has a statutory duty to provide temporary accommodation under the Homeless legislation. The days spent in temporary accommodation has increased due to difficulties moving people on to permanent accommodation. The waiting list for social rented accommodation has increased to over 2,000 and access to the private rented market has become more difficult and expensive. This is a national issue and will be a key action for our new Preventing Homelessness and Rough Sleeping Strategy.

The number of people presenting as homeless remains high, with 751 by quarter 2 of 2024-25, compared to 740 for the same period in 2023-24.





PBH 056a

Indicator Name

Under 75 mortality rate from circulatory diseases considered preventable (per 100,000 population)

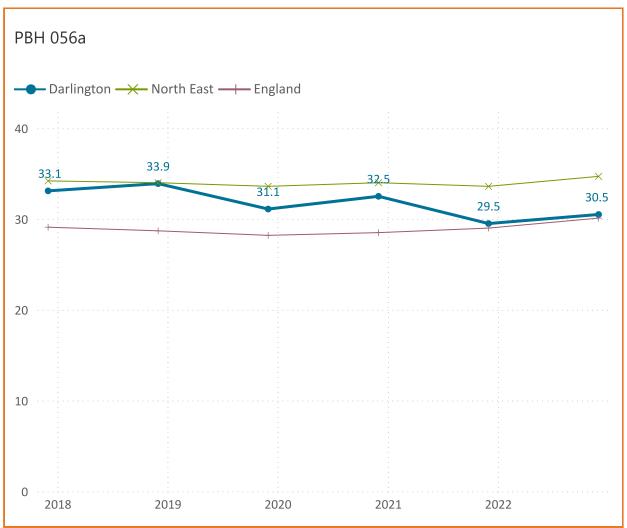
Theme or Portfolio

Priority or Key Action

Narrative

The latest data shows that Darlington has a reducing trend from a peak of 35.8 per 100,000 in 2016 to a rate of 30.5 per 100,000 of deaths from circulatory diseases in people aged under 75 in 2023. This is statistically similar to both the North East and England.

this indicator is important as it describes how health care ensues that those with circulatory disease do not die due to lack of care or inappropriate treatment. It can be used a proxy indicator for the quality of medical care provided to those with circulatory disease.





PBH 020

Indicator Name

Excess weight among Reception pupils (%)

Theme or Portfolio

Living well

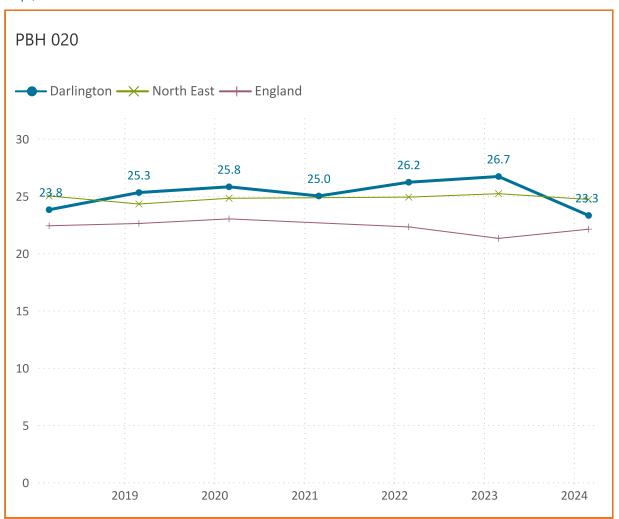
Priority or Key Action

Develop and implement a new public health strategy, focussed on tackling health inequalities, including developing strategies on domestic abuse, drugs, alcohol and physical activity

Narrative

This data (from 2023/24) shows a reduction in the rate for Reception prevalence of overweight (including obesity). 23.3% of reception children aged 4-5 years were classified as overweight or obese. Darlington is now statistically similar to the North East and England.

The Darlington Childhood Healthy Weight Plan identified evidence-based interventions delivered with partners to address underlying causes of obesity in children and young people. Work includes activity with schools and local commercial food premises to develop a healthy catering standard for a healthy food offer.





CUL 064

Indicator Name

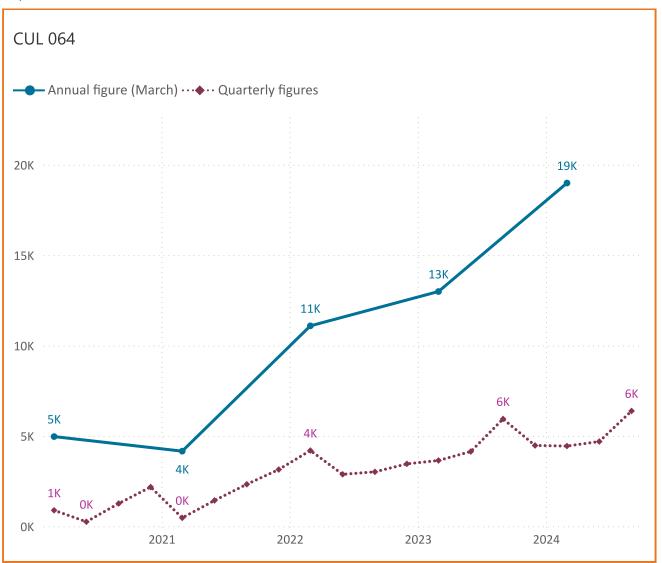
Number of individuals participating in the community sports development programme

Theme or Portfolio

Priority or Key Action

Narrative

Compared to the same period last year there have been 996 more individuals participating in the community sports development programme, following the growth in various Move More projects and activities. These include the Holiday Activity Project, Eastbourne Sports Complex Move More Programme, Haughton Matters, The Sheltered Housing Activity project and numerous new community out reach sessions that the team deliver from walking, inclusive activities, Nordic walking, walking football, weight goals and various other activities.





HBS 027i

Indicator Name

Number of positive outcomes where homelessness has been prevented

Theme or Portfolio

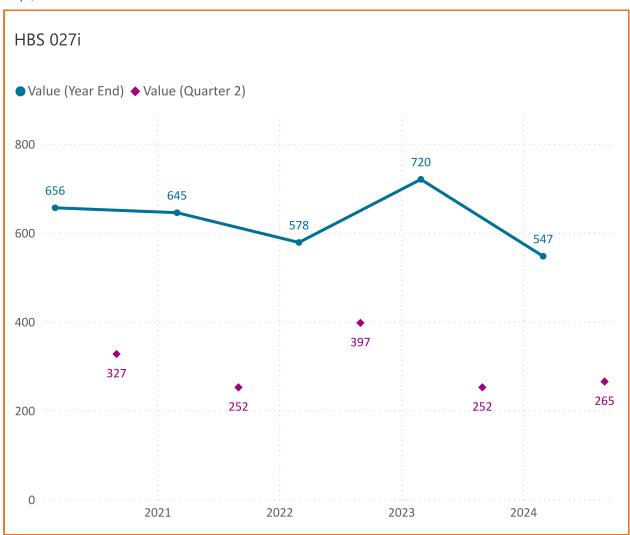
Homes

Priority or Key Action

Review and refresh the preventing homelessness and rough sleeping strategy, working with partners to ensure the provision of the right support and services to help people avoid homelessness and support those who are

Narrative

There has been an increase in the number of positive outcomes where homelessness has been prevented up to quarter 2 of 2024-25 (265), compared to the same period in 2023-24 (252). However, the number of positive outcomes has decreased from prior years. As previously reported, there has been a difficulty in moving people on from temporary accommodation due to changes in the housing market, with less private rented accommodation available and increased demands on the social housing waiting list. This has impacted on the positive outcomes the Housing Option team have been able to achieve.





PBH 024

Indicator Name

Hospital admissions caused by unintentional and deliberate injuries in children aged under 5 years (per 10,000 0-5 population)

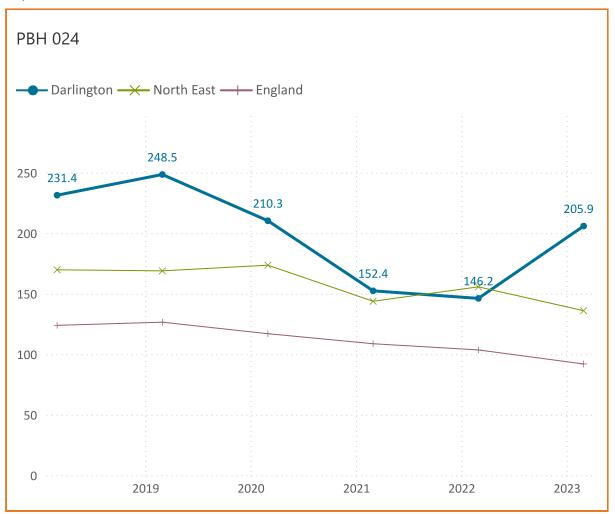
Theme or Portfolio

Priority or Key Action

Narrative

The latest data shows a significant increase in this rate to 205.9 per 10,000 population for emergency admissions for 0-4 years. Compared to our North East neighbours Darlington is ranked 1st and is statistically worse than the North East and England rate. The Darlington rate in 2022/23 was the highest in England

There are many causes causes of admissions including avoidable accidents in the home. This issue requires system wide action, the Public health team is working with the hospital to understand the data. The Health Visiting team are informed of any child's hospital admission and will contact parents and provide them with information, guidance and support.





HBS 034

Indicator Name

Average number of days to re-let dwellings

Theme or Portfolio

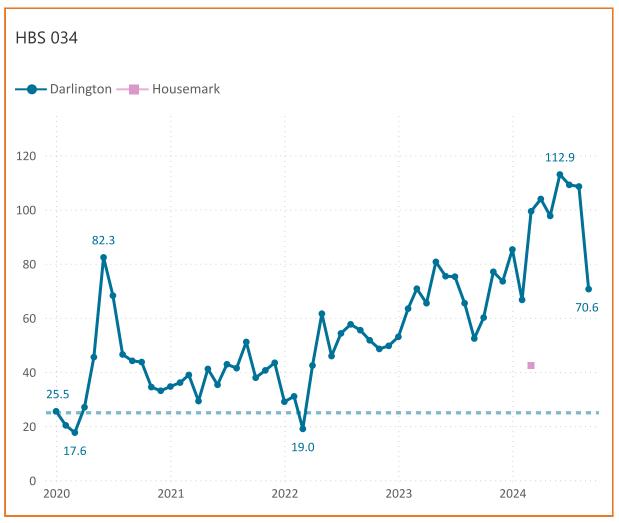
Priority or Key Action

Narrative

The average re-let time at the end of quarter 2 of 2024-25 has increased to 70.6 days, compared to 52.4 days for the same period in 2023-24. However, this is a significant improvement from 99.4 days at the end of 2023-24.

The timescales for completing repairs before letting continues to be high, due to difficulties in recruiting qualified tradespeople in Housing Repairs.

However, a new Repairs Before Letting Manager has been recruited who is currently reviewing processes and resources on the team. We are starting to see the beneficial impact of this post and hope to see further reductions in the re-let times.





PBH 009

Indicator Name

Percentage of live births (with a gestational age of at least 37 weeks) which have a low birth weight

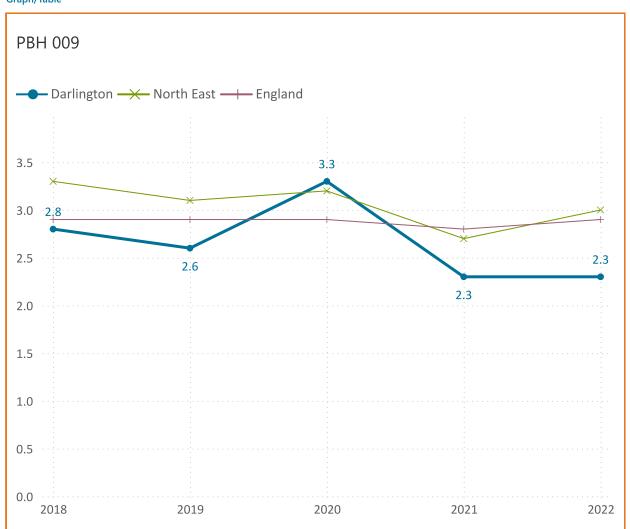
Theme or Portfolio

Priority or Key Action

Narrative

This data (from 2022) shows that that there is no significant change to the trend for low birth rate of term babies. 2.3% of infants are recorded as low birth weight. Compared to our North East neighbours Darlington is ranked 12th and is statistically similar to the North East and England.

The 0-19 public health service contract includes a specific action for Health Visitors to visit an expectant mothers between 28 and 36 weeks of their pregnancy. This visit provides an opportunity to provide information, advice and support to maximise the mother's health the optimum conditions for a healthy pregnancy.





PBH 035ii

Indicator Name

Percentage of users on non-opiates successfully completing their treatment

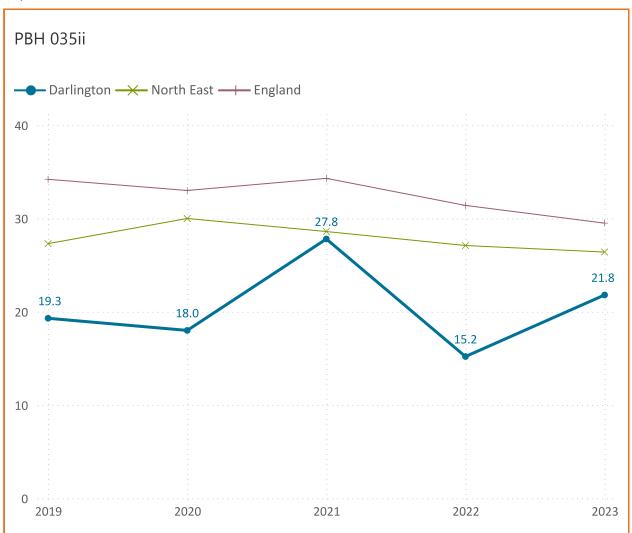
Theme or Portfolio

Priority or Key Action

Narrative

The latest data from 2023 shows an increase of non opiate drug users completing treating, with 21.8% successfully completing structured drug treatment compared to 15.2 in the previous year. Darlington is statistically similar to the North East and statistically worse than England.

This rise reflects the increased government investment in substance misuse treatment which has enabled increased access to better quality treatment. Resulting in an increase to the numbers in treatment and more positive outcomes. Local services remain focused on evidence based interventions to ensure services remain effective and optimised.





PBH 014

Indicator Name

Percentage of women who smoke at time of delivery

Theme or Portfolio

Living well

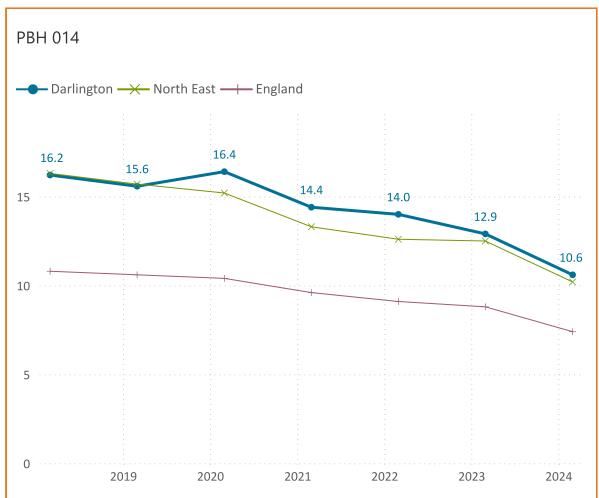
Priority or Key Action

Develop and implement a new public health strategy, focussed on tackling health inequalities, including developing strategies on domestic abuse, drugs, alcohol and physical activity

Narrative

The data (from 2023/24) shows that 10.6% of mothers are known to be smokers at time of delivery, the recent trend is decreasing and getting better. Darlington is statistically similar to the North East and statistically worse than England. The gap between Darlington and the North East and England has narrowed since 2020.

The NHS provides stop smoking support through local maternity services. The Local Authority commissions a specialist stop smoking service that supports women to stop smoking before and after being pregnant. The authority works with partners to encourage all residents, including pregnant mothers, to quit smoking at every opportunity.





CUL 008a

Indicator Name

Percentage of the adult population physically inactive (doing less than 30 minutes moderate activity per week)

Theme or Portfolio

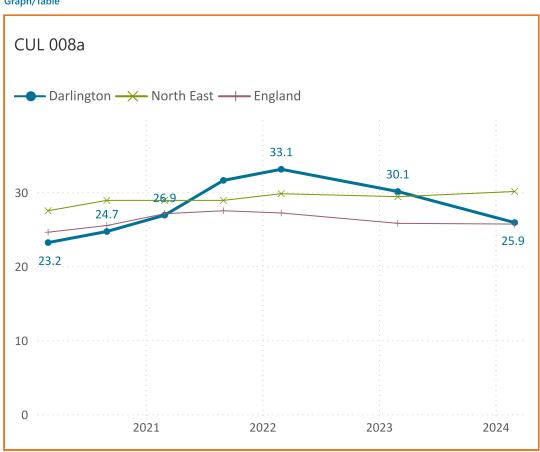
Priority or Key Action

Narrative

The 2022-23 Active Lives survey results show that there has been a 14% reduction in physical inactivity (30.1% 2022/23 to 25.9% 23/24). This is a positive trend and below the North East average of 30.1% and in line with the England average of 25.7%.

The adult projects organised and ran by the council from the Eastbourne Sports Complex Move More Programme, Haughton Matters, The Sheltered Housing Activity project and numerous new community out reach sessions attracted over 10,000 visits in the year. They deliver activities from Walking, Inclusive Activities, Nordic Walking, Walking Football, Weight Goals and various other activities.

A new 5 year Physical Activity Strategy is in development and scheduled to go to Cabinet this year. It outlines how the council in partnership with other organisations can develop, organise and promote new projects to encourage adult participation in physical activity, therefore continue the downward trend of adult physical inactivity





CUL 009a

Indicator Name

Percentage of the adult population physically active (doing 150 minutes moderate activity per week)

Theme or Portfolio

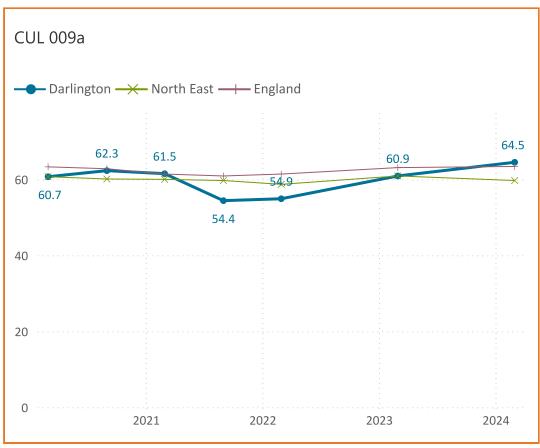
Priority or Key Action

Narrative

The 2022-23 Active Lives survey results show that there has been a 5.9% increase in adults being physically active in Darlington (60.9% 2022/23 to 64.5% 23/24). This is a positive trend with Darlington now being above both the North East average of 59.7% and the England average of 63.4%.

The adult projects organised and ran by the council from the Eastbourne Sports Complex Move More Programme, Haughton Matters, The Sheltered Housing Activity project and numerous new community out reach sessions attracted over 10,000 visits in the year. They deliver activities from Walking, Inclusive Activities, Nordic Walking, Walking Football, Weight Goals and various other activities.

A new 5-year Physical Activity Strategy is in development and scheduled to go to Cabinet this year. It outlines how the council in partnership with other organisations can develop, organise, and promote new projects to encourage adult participation in physical activity, therefore continue the upward trend of adult physical activity.





CUL 010a

Indicator Name

Percentage of the adult population taking part in sport and physical activity at least twice in the last month

Theme or Portfolio

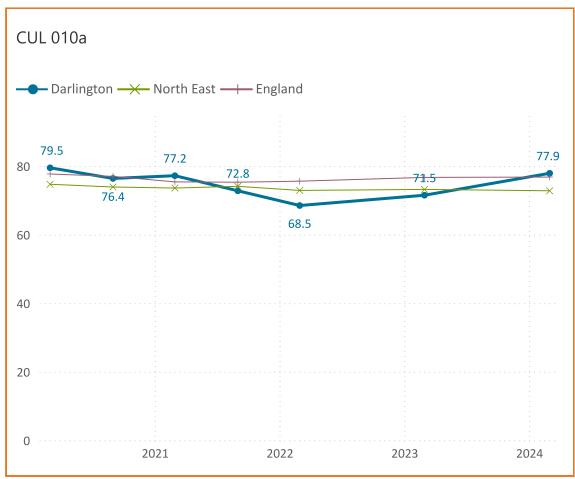
Priority or Key Action

Narrative

The 2022-23 Active Lives survey results from November show there has been an 8.9% increase in adults taking part in sport and physical activity at least twice a month in Darlington (71.5% 2022/23 to 77.9% 23/24). This is a positive trend with Darlington now being above both the North East average of 72.8% and the England average of 76.8%.

The Move More team delivered numerous new community outreach sessions throughout the year, attracting over 10,000 visits, which targeted hard to reach groups and communities.

A new 5-year Physical Activity Strategy is in development and scheduled to go to Cabinet this year. It outlines how the council in partnership with other organisations can develop, organise, and promote new projects to encourage adult participation in physical activity, therefore continue the upward trend of adult physical activity.





CUL 030b

Indicator Name

Total number of visits to the Dolphin Centre (quarterly)

Theme or Portfolio

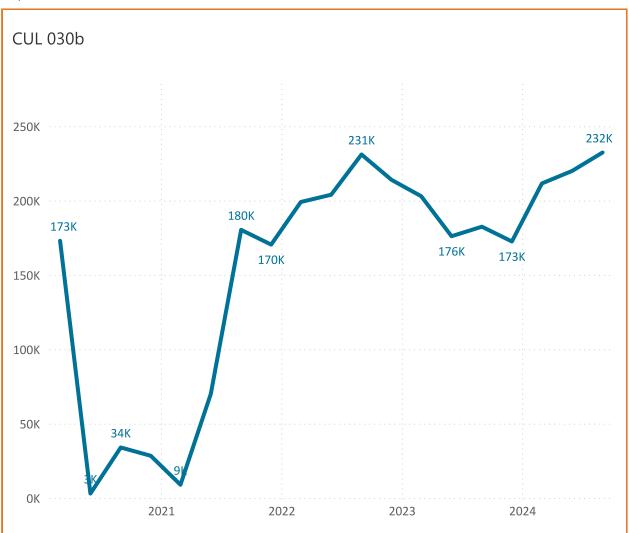
Living well

Priority or Key Action

Widen participation in recreation and leisure facilities including the Dolphin Centre and Eastbourne Sports Complex

Narrative

The Dolphin Centre has seen a substantial increase in visits compared to the same quarter in 23/24, this is a reflection of the popularity of the swimming pool following the reopening of all facilities. The main pool reopened in January 2024 with the slides and toddler pool reopening in August 2024. In the first week of the full pool facilities being opened the complex experienced the equal highest number of swimmers in the history of the Centre. Hospitality continues to attract high numbers and memberships continue to break our own record numbers. Swimming lessons and classes again are welcoming higher number then the same quarter last year.





PBH 052

Indicator Name

Annual total number of prescribed antibiotic items per STAR-PU (Specific Therapeutic group Age-sex weightings Related Prescribing Unit)

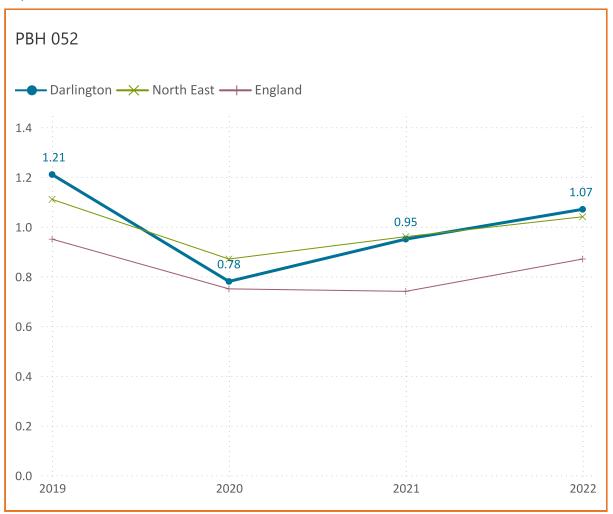
Theme or Portfolio

Priority or Key Action

Narrative

The rate of antibiotic prescribing within the local NHS is statistically similar to both England and the North East average with Darlington having 1.07 STAR-PUs. This indicates a higher rate of prescribing than expected for the Darlington population.

This indicator describes the success of the NHS in its stewardship of antibiotics and is part of the plan to tackle antibiotic resistance in the population. The NHS has a plan to manage prescribing of antibiotics and the ICB produces information campaigns to reduce the demand and expectations for antibiotics from patients for relatively minor and self-limiting illnesses.





PBH 026

Indicator Name

Hospital admissions caused by unintentional and deliberate injuries in children aged under 15 years (per 10,000 0-15 population)

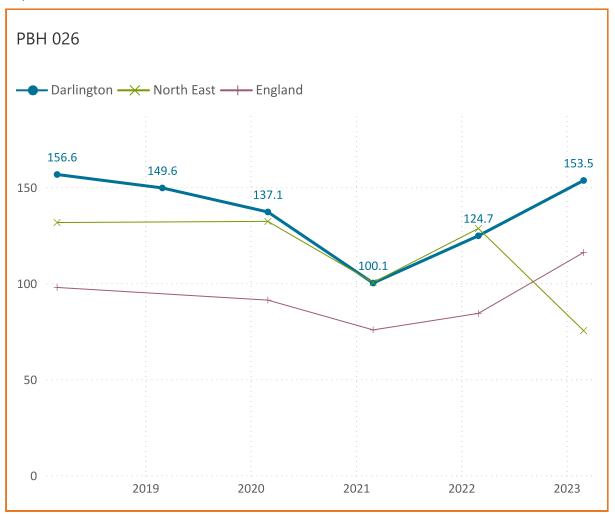
Theme or Portfolio

Priority or Key Action

Narrative

This data (from 2022/23) shows that there is an increasing trend similar to the England trend data. The rate for Darlington is 153.5 per 10,000 for emergency admissions for 0-14 years. Darlington is statistically worse than the North East and England.

The causes of admissions for this group are more complex but a large proportion include accidental injuries including road and sports accidents. The authority is working with he hospital and other partners to understand the data behind these admissions. The 0-19 team are informed of any child's hospital admission and will contact parents and provide them with information, guidance and support.





PBH 031

Indicator Name

Emergency Hospital Admissions for Intentional Self-Harm (per 100,000 population)

Theme or Portfolio

Living well

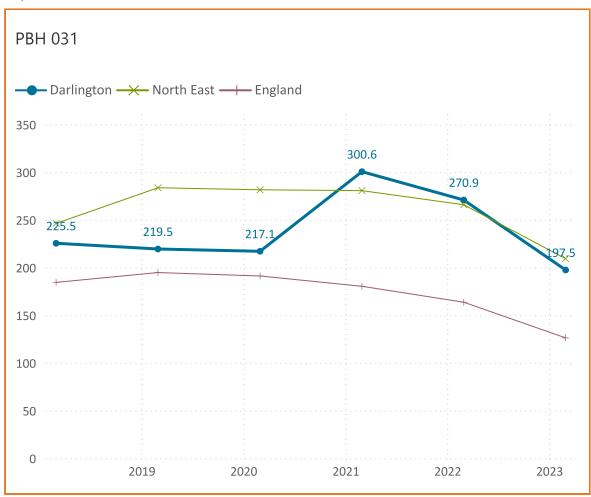
Priority or Key Action

Develop and implement a new public health strategy, focussed on tackling health inequalities, including developing strategies on domestic abuse, drugs, alcohol and physical activity

Narrative

The latest data shows a decreasing trend for Darlington at 197.5 pre 100,000 which is statistically similar to the North East and statistically worse than England. The Darlington trend now mirrors the North East and England.

Self harm is a complex and poorly understood act with varied reasons for a person to harm themselves irrespective of the purpose of the act. There is a significant and persistent risk of future suicide following an episode of self harm. This indicator is a measure of intentional self harm events severe enough to warrant hospital admission and not a measure of the actual prevalence of severe self harm.





PBH 044

Indicator Name

Alcohol related admissions to hospital (per 100,000 population)

Theme or Portfolio

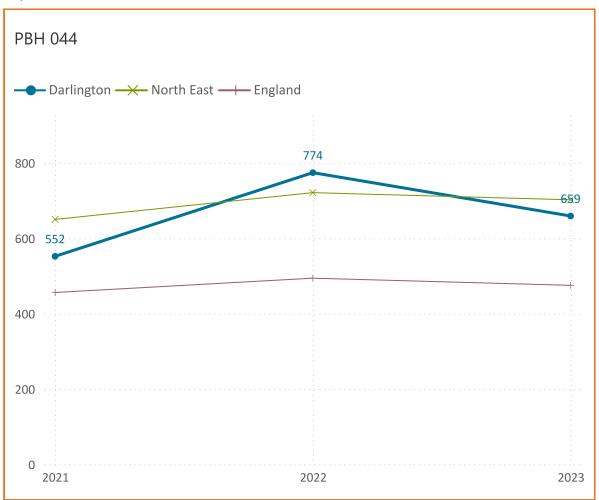
Priority or Key Action

Narrative

The method used to calculate this indictor changed in 2020/21. This means that data before 2021 cannot be compared to current data.

The most up to date data for 2022/23 shows that in Darlington the rate of alcohol related admissions was 659.0 per 100,000. This has reduced from the previous data. Darlington is statistically worse than England but statistically similar to the North East

This indicator represents the burden of disease from alcohol consumption in Darlington. The council commissions preventative and treatment services and is engaged with partners to implement strategies to reduce alcohol consumption and harms from alcohol to contribute to reducing alcohol admissions.





HBS 072

Indicator Name

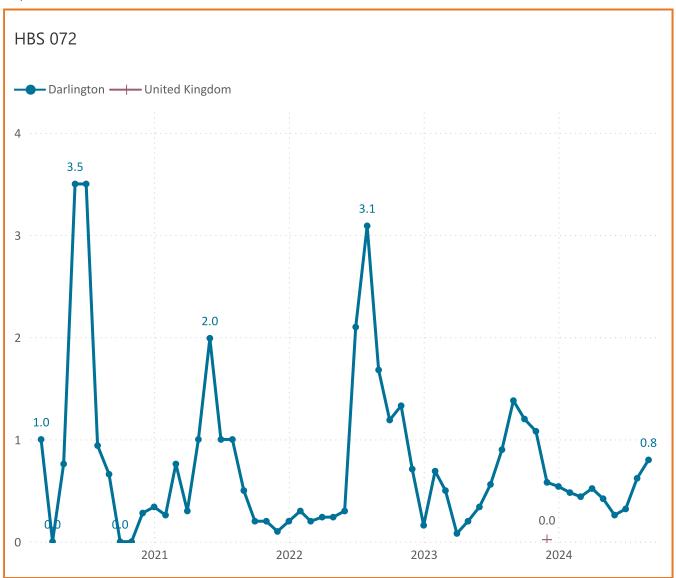
Percentage of dwellings not with a gas service within 12 months of last service date

Theme or Portfolio

Priority or Key Action

Narrative

The percentage of dwellings without a gas service within 12 months of the last service date was 0.8% in quarter 2 of 2024-25. This is slightly higher than the target of 0.5% but significantly better than the same period in 2023-24, which was 1.4%. Current performance is on target to meet the 0.5% and all Council properties with gas appliances and due a gas safety check in 2024-25 will be completed, to meet our statutory duties.





PBH 018

Indicator Name

Percentage of children aged 2-2½ yrs offered ASQ-3 as part of the Healthy Child Programme or integrated review

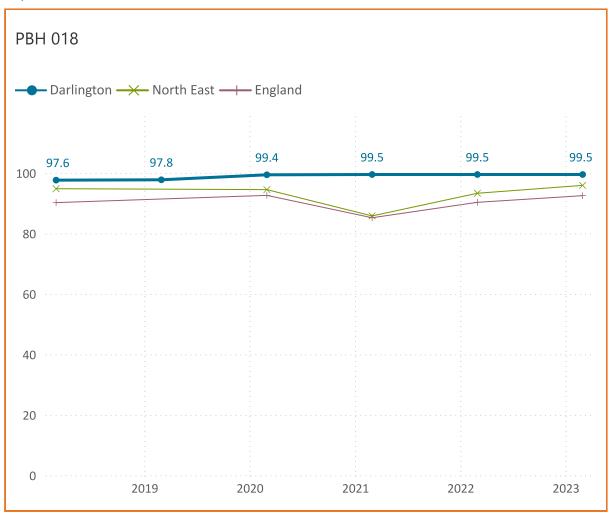
Theme or Portfolio

Priority or Key Action

Narrative

This data (from 2022/23) shows that 99.5% of children aged 2-2.5 years were offered an ASQ-3 test as part of the mandated Healthy Child programme contacts (or an integrated assessment). Darlington is statistically better than the North East and England.

ASQ3 is a comprehensive assessment of child's development including motor, problem solving and personal development. The Health Visiting team work with Education and Early Years settings and parents to ensure those identified with additional needs are offered an integrated assessment to identify any developmental needs as early as possible so that the child and family can receive appropriate support.





HBS 013

Indicator Name

Rent arrears of current tenants in the financial year as a percentage of rent debit

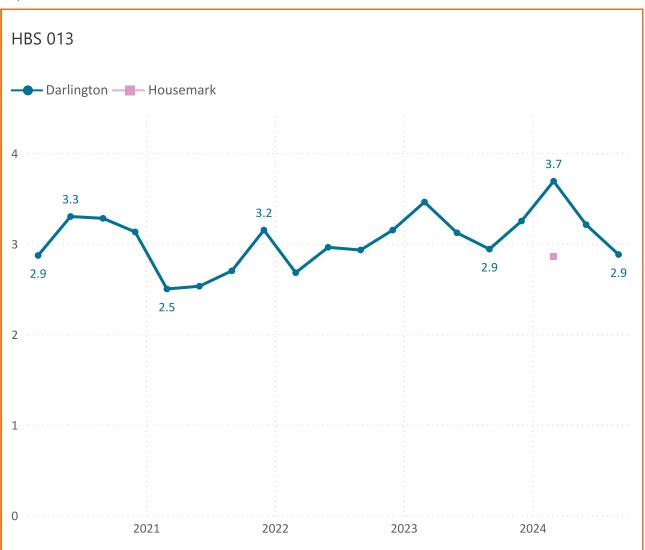
Theme or Portfolio

Priority or Key Action

Narrative

Housing Services collected £15.7 million of rent up to quarter 2 of 2024-25, compared to £14.8 million for the same period in 2023-24. Rent arrears levels in quarter 2 were 2.88% of the rent debit, which is better than the target of 3.4% and lower than the same period in 2023-24, which was 2.94%.

Housing Services continue to collect with care, offering guidance, help and support to tenants, assisting with benefit claims and budgeting skills at the beginning of a tenancy and throughout and only taking enforcement and court action when all other avenues have been exhausted.





PBH 021

Indicator Name

Excess weight among Year 6 pupils (%)

Theme or Portfolio

Living well

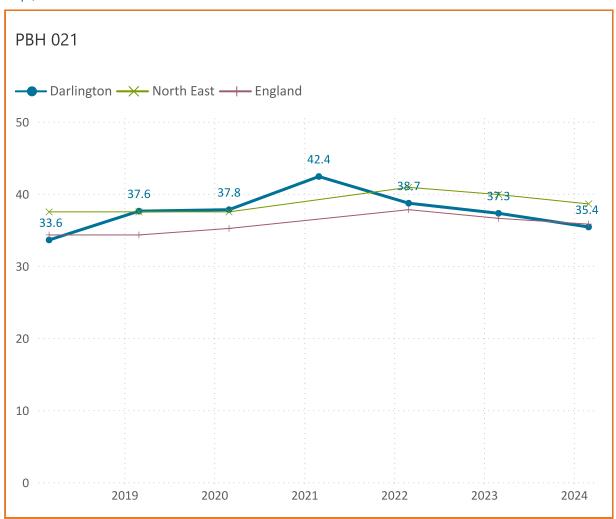
Priority or Key Action

Develop and implement a new public health strategy, focussed on tackling health inequalities, including developing strategies on domestic abuse, drugs, alcohol and physical activity

Narrative

This data (from 2023/24) shows that 35.4% of year 6 children aged 10-11 years were classified as overweight or obese and is trending down since 2021 Darlington is statistically better than the North East and statistically similar to England.

The Darlington Childhood Healthy Weight Plan identified evidence-based interventions delivered with partners to address underlying causes of obesity in children and young people. Work includes activity with schools and local commercial food premises to develop a healthy catering standard for a healthy food offer.





PBH 050

Indicator Name

People presenting with HIV at a late stage of infection (percentage of all those presenting with HIV)

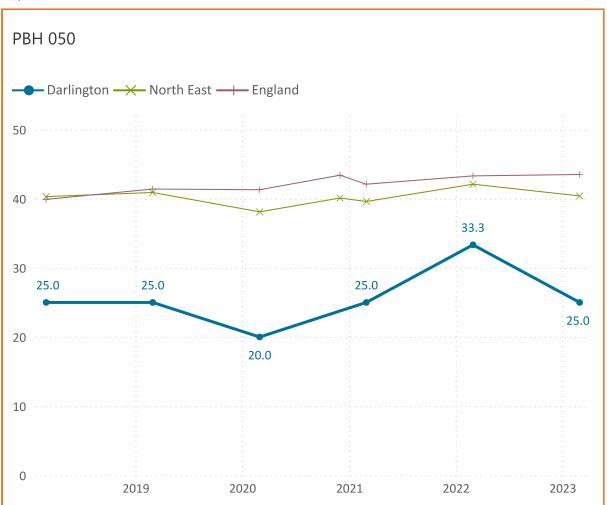
Theme or Portfolio

Priority or Key Action

Narrative

Due to the small numbers of people who are diagnosed with HIV this data is cumulative from 2021-23 data. 25.0% of adults were identified as being diagnosed late using the CD4 cell count at diagnosis. This corresponds to 2 late diagnosed out of a total of 8 new diagnosis. This impacts on what treatment options can be offered. Compared to our North East neighbours Darlington is statistically similar to the North East and England against the benchmarked goal of <25%.

The Sexual Health Service has increased new patients receiving a HIV risk assessment, more and easier routes to access HIV testing including postal testing kits and C Card to reduce the potential for exposure to HIV.





CUL 063

Indicator Name

Number of school pupils participating in the sports development programme

Theme or Portfolio

Priority or Key Action

Narrative

There will be a full School Games programme scheduled in 24/25 now that the Eastbourne Sports Complex is fully re-opened following the investment project in the facilities.

The Primary/Secondary Athletics, multiple Quadkids events, Change 4 Life, Community Games, Cross Country and Multi Skill Festivals have all taken place from May onwards. At the same time last year there had been a total of 3343 pupils participating in the sports development programme; this year there have been 6342 pupils participating; performance to date shows a strong improvement when compared to the same time last year.

Further events are planned in the Autumn and Winter schedule

