

HEALTH AND WELLBEING BOARD

Thursday, 5 December 2024

PRESENT – Councillor Roche (Cabinet Member with Health and Housing Portfolio) (Chair), Lorraine Hughes (Director of Public Health), Andrea Goldie (Healthwatch Darlington), Councillor Holroyd, Martin Short (Director of Place - North East and North Cumbria Integrated Care Board) (North East and North Cumbria Integrated Care Board), Alison MacNaughton-Jones (Joint Clinical Director) (Darlington Primary Care Network), Dean Lythgoe (Principal, St Aidan's Academy) (Secondary School Representative), Carole Todd (Darlington Post Sixteen Representative) (Darlington Post Sixteen Representative), Councillor Mrs Scott, Joanne Hennessy (Public Health Portfolio Lead Health Care), Deborah Robinson (St Tereasa's Hospice), Joanne Littler (Head of SEND and Inclusion) Sarah (Harrogate and District NHS Foundation Trust) and Olivia Hugill (Democratic Officer)

ALSO IN ATTENDANCE – Councillor Mammolotti

APOLOGIES –Councillor Harker (Leader of the Council) (Leader of the Council), Councillor Tostevin, James Stroyan (Executive Director People), Jackie Andrews (Medical Director) (Harrogate and District NHS Foundation Trust) and Michelle Thompson (Chief Executive Officer) (Healthwatch Darlington)

HWBB13 DECLARATIONS OF INTEREST.

There were no declarations of interest reported at the meeting.

HWBB14 TO HEAR RELEVANT REPRESENTATION (FROM MEMBERS AND THE GENERAL PUBLIC) ON ITEMS ON THIS HEALTH AND WELL BEING BOARD AGENDA.

No representations were made by Members or members of the public in attendance at the meeting.

HWBB15 TO APPROVE THE MINUTES OF THE MEETING OF THIS BOARD HELD ON 12 SEPTEMBER 2024

Submitted – The Minutes (previously circulated) of the meeting of this Health and Well Being Board held on 12 September 2024.

RESOLVED – That the Minutes for the meeting of this Health and Well Being Board held on 12 September 2024 be approved.

HWBB16 HEALTH AND WELLBEING STRATEGY

The Chair of the Health and Wellbeing Board and the Director of Public Health introduced board members to the updated draft Joint Local Health and Wellbeing Strategy.

The Director of Public Health explained that from the last meeting of the Health and Wellbeing Board comments from Members had been appreciated and were now reflected

onto the Draft Joint Local Health and Wellbeing Strategy.

Conversation then ensued with regards to smoking and vaping, that the strategy should include how taking up vaping instead of smoking still has consequences and especially the consequences within the younger generation.

Members also discussed how screening for breast and cervical cancer should be explained more to promote females to attend these appointments. Conversation ensued around the “Best Start in Life” area of the strategy the current struggles of mental health with children and foetal alcohol syndrome.

RESOLVED - That Members of the Health and Wellbeing Group note the contents of the Health and Wellbeing Strategy Report.

REASONS – It is a statutory duty of the Health and Wellbeing Board to develop a Joint Local Health and Wellbeing Strategy.

HWBB17 SEND STRATEGY 2025- 2029

The Assistant Director of Education and Inclusion submitted a report (previously circulated) to present the draft Special Educational Needs and Disability (SEND) Strategy 2025-2029 which detailed the key elements of the Strategy and the planned implementation with partners.

The report explained that the SEND Strategy established the strategic approach to the delivery of the SEND services for children and young people in Darlington which ensured the offer is coordinated and responsive to the needs of our community.

It also described how the strategy set out the shared local area vision, principles and priorities which would ensure that partners across Darlington local area were working together effectively to identify, assess and meet the needs of children and young people with SEND from birth to the age of 25.

The report set out how the SEND Strategy had been coproduced with partners across the borough and is fundamental to implementing partners responsibilities under the Children and Families Act 2014. It also reflected the ambitions and priorities of the Council Plan and other key strategic documents.

Discussion ensued around the assessment and diagnosis of SEND and the current issues with regards to the wait times to be assessed for SEND.

Members then moved onto the top of accessibility and if this would be covered under the strategy, Members expressed concerns on the waiting list for transport to and from schools.

RESOLVED – That the Health and Wellbeing Board note the report.

HWBB18 DARLINGTON PHYSICAL ACTIVITY STRATEGY

The director of Public Health and Assistant Director of Community Services submitted a report (previously circulated) which the Public Health Portfolio Lead presented to the board.

The report explained the Purpose of the Physical Activity Strategy which was to improve participation and engagement in physical activity and sport in Darlington and to support people to become active and exercise more during their life span.

The report detailed the national data which showed that every year to lead an active lifestyle would prevent 900,000 cases of diabetes and 93,000 cases of dementia and a combined saving of £7.1 billion to the UK economy. It also explained that 1 in 3 men and 1 in 2 women were not achieving the recommended levels of activity for good health.

The report also elaborated on the most recent Darlington data which showed that 19.7% of adults are active for more than 150 minutes per week, but 18.1% of our population are inactive. It referenced the UK Chief Medical Officer's guidelines that adults should aim for 150 minutes of moderate activity per week.

The report explained that delivery plan was broken down into sections from the "Eight Investments That Work for Physical Activity" and the 8 key themes of the delivery plan were Healthcare, Active, Travel, Sport and Recreation for All, Active Urban Design, Community Wide Physical Activity, Schools, Workplaces, Public Education and Mass Media.

Conversation ensued around what type of activity is classed under the UK Chief Medical Officer's guidelines, whether a walk would count as physical activity. It was explained that any activity that raised your heartbeat is classed under the guidance.

Members discussed what is offered by services to promote Physical Activity for the public, that there needs to be better communication with GP's for this. It was also stated that the Darlington Football Club offer weight management classes which are ran twice a week at Eastbourne Sports Complex and the Education Village.

RESOLVED - That the Members of the Health and Wellbeing Board note the report.