

Supporting Children and Young People's Health and Wellbeing in Schools in Darlington

The Glow Centre Newton Aycliffe – Tuesday 11th February 2025

Agenda

8.30 – 9:15	Arrival & Registration Networking Refreshments	Interactive displays Stall holders
9:20	Welcome – plans for the day Housekeeping	Lorraine Hughes Director of Public Health
9.25	Chair - Opening remarks	Cllr Wallis Lead Member for Children and Young People
9.35	DHSC national & regional context	David Gardiner Public Health Consultant in Health & Wellbeing Office for Health Improvement and Disparities
9:50	Setting the Local Context Why and how we do what we do	Lorraine Hughes Director of Public Health
10.05	Good Practice Sharing Healthy Weight and Physical Activity	Joanne Hennessey CYP Lead Public Health
10:20	Activity – Healthy Lifestyle Survey Consultation	All
10:50	0-19 Growing Healthy Offer	Caren Shepherd and Hayley Agnew Growing Healthy Team
11:00	Picture News	Katie Harrison Picture News
11.10	Comfort break – move to workshops	
11.20	First Workshop sessions: 1) NSPCC – Stay Safe 2) Consent2it (secondary) 3) YP Drug and Alcohol Service 4) PSHE Quality Mark	Workshop choices allocated on arrival – top up drinks on the move please
12:10	Lunch & Networking	
1.00	Welcome back	
1.05	Good Practice Sharing RSHE, Personal Development and more	Amie Bell Lead for RE & PD and Lead for Culture
1.20	Launch development of our Oral Health Promotion Strategy Good Practice Sharing	Catherine Shaw Public Health Officer Harrowgate Hill Primary School
1.50	Good Practice Sharing Mental Health in Schools Team	Mental Health in Schools Team Primary School Children Reid Street
2.15	Second Workshop sessions 1) Alice Ruggles Trust (Secondary) 2) YGAM – youth gaming and gambling harms 3) NSPCC – Stay Safe	Workshops are allocated on arrival – top up drinks on the move please
3.10	Good Practice Sharing – Using AI to support PSHE Development and Personal Development	Daniel Grieve Carmel School and Sixth Form College
3.20 – 3.45	Questions Evaluation	
3:45 – 4:00	Close and Networking	