

## Supporting Children and Young People's Health and Wellbeing in School

Conference – 11<sup>th</sup> February 2025

Feedback summary (72 forms returned)

	Yes	No
Was the conference interesting	72	0
Was the conference informative	72	0
Was it beneficial to you as a professional	72	0
Was the conference well delivered	72	0
Was the conference well organised	72	0
Were the activities useful	71	1
Did you feel comfortable enough to ask questions	71	1
Did you learn anything new	72	1

### The best thing about the conference was...

- The variety of best practice shared
- The amazing workshops – excellent delivery and engagement
- The school pupils
- Networking
- Variety of content and workshops and the children were excellent
- Variety of speakers and stalls to gather information
- All very informative and relevant thank you
- Information and speakers
- Meeting schools and networking
- Sharing best practice
- Opportunities to network and talk to others in similar roles
- Very informative
- Lots of ideas to take forward – all very informative
- Sharing ideas and seeing the range of support strategies in place in schools
- Overview of the services and strategies in the local area
- Marketplace and best practice sharing
- Practical examples we can use in school and knowledge-based sessions not just why it is important but how we can do it
- Really varied programme
- Passionate and inspiring presentations
- The timetable and consultation opportunities
- Understanding the bigger picture and discussing with specialists
- The opportunity to hear and share best practice
- The variety of knowledge and deliverers the amazing presentations and workshops, I learnt such a lot

- Understanding more about the PSHE Quality Mark
- I found it all useful
- A good mix of listening and doing
- Not having to sit in one place all day
- The energy – great speakers and sessions
- The opportunity to know what is out there

### **One thing that wasn't so good was...**

- Alice Ruggles Trust Workshop – as it stands this is not appropriate for delivery in secondary school
- Longer breaks for networking
- Lots of listening
- Couldn't get on the Wi-Fi
- IT WAS GREAT but would be great to have longer and more as all such valuable info
- Give the AI man more time
- Technology – the AI man I didn't really get it
- Lack of signage and directions
- Consider less introductions at the beginning
- Sitting down, would like to walk about in between
- Slightly chilly at times
- Both staff in one workshop
- Not enough time for each speaker – maybe less is more
- More time to discuss
- Please encourage people to come over to the stalls

### **One thing I am concerned about now is...**

- Tackling mental health and anti social behaviour
- Ensuring that PSHE gets enough time
- Developing support for young men
- Covering all the requirements in the allocation time
- Public health demand in school resources and what organisations provide
- Oral health
- Making sure my school is making use of the support that exists
- Do we use the HLS data well enough
- Young people's health
- That I will never understand AI
- Lack of gambling support for young people
- Not concerned – motivated to get it right

- Oral health
- Children not brushing their teeth
- Gaming and gambling
- Not concerned but fascinated by the AI stuff
- How to incorporate AI to help look at data
- How to assess most effectively for PSHE
- Having enough time to do everything it is all so important
- Young people's understanding of consent – getting the message across
- Gambling and oral health

### **I would like further support with...**

- Looking at the current curriculum
- PSHE Quality Mark – recognising our work
- AI
- Completing PSHE Quality Mark
- PSHE
- How to utilise MH in schools for more complex cases
- PSHE QM
- Providing the best PSHE for our pupils
- Health and Wellbeing Toolbox and Oral Health
- Quality Mark

### **What are your next steps and how can we help?**

- PSHE Quality Mark – already spoken to Catherine
- Continue CPD and keep up to date
- Speak to head about PSHE
- Assessment of curriculum
- Encourage organisation to invest in prevention
- Feedback to SLT for action
- Quality Mark
- Toothbrushing Programme
- Monitoring PSHE in school – how can we enhance the curriculum
- Gain PSHE Quality Mark
- Contact Catherine Shaw
- Collaborative working with schools
- PSHE Quality Mark
- Consider CPD for staff
- Consider QM for next year
- Look at Recite Me
- Reach out to all primaries to deliver SOSS (NSPCC)
- Discuss an oral health project in school review our curriculum and prep for completing the QM

- Work with catherine to achieve the QM
- Quality Mark, a link mental health team
- Make links with more quality services
- Introduce picture news and NSPCC in school

### **What other networks or events could we plan that might help...**

- Regular secondary network
- Enrichment services, portfolio of services
- PSHE Primary Leads
- PSHE Network
- PSHE Curriculum network
- Time out is hard so 1 or 2 day event per year is good
- All – we'll attend all, a social worker event would be good
- I struggle to get cover a bulletin or newsletter sharing information would be good
- The secondary networks are always very useful
- Continuing the PSHE Conference
- DSL, PSHE lead and H/T conference
- SEND Events – all ages
- Oral health, nursing team and mental health services
- More network meetings
- Training opportunities for PSHE – oral health
- More of the same
- More PSHE networks and events
- Personal development leads meetings

### **Any other comments...**

- An excellent day
- Thank you for this amazing opportunity
- Thank you, I really enjoyed the day, lots of great information and things to think about
- Wonderful
- No – could the conference be annual?
- Thank you – been brilliant
- All sessions interesting – a longer session would be beneficial
- Annual conference
- Thank you for a great day
- Name badges would be helpful – thank you for a great event
- A fantastic day thank you

- Really enjoyable, useful and informative
- Thank you
- Very informative with a good range of good practice
- More primary relevant workshops
- Excellent day, well delivered with a lovely lunch
- Thanks – AI blew my mind
- Well done a great day
- Thank you so much, a really valuable event, excellent for Darlington
- Great conference, very informative, thank you
- Thank you, great informative day
- Thank you for a fantastic day
- Well done for a super successful day
- Really enjoyed it – thank you
- A most valuable day – thank you
- This needs to be a yearly event
- Thank you for a fantastic day
- Very enjoyable day- thank you
- Excellent day – so informative and interesting
- Thank you – it's been a great day