

**HEALTH AND WELL BEING BOARD  
4 JULY 2019**

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**CHILDREN AND YOUNG PEOPLE'S PLAN 2017- 2022 – PROGRESS REPORT**

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**SUMMARY REPORT**

**Purpose of the Report**

1. This report provides an update to the Health and Well Being Board on the progress to date against the delivery of the Children and Young People's Plan 2017-2022.

**Summary**

2. The Children and Young People's Plan (CYPP) is one of the identified delivery plans within the Sustainable Community Strategy (SCS) and identifies what key actions will be taken to deliver the agreed SCS priority of the best start in life for every child.

**Recommendation**

3. It is recommended that Health and Well Being Board members note the report, and the progress made to date.

**Reason**

4. To update the Board on the progress made to date.

**Suzanne Joyner  
Director of Children and Adults Services**

**Background Papers**

No background papers were used in the preparation of this report.

Christine Shields: Extension 5819

S17 Crime and Disorder	N/A
Health and Well Being	Children’s social care is central to well-being
Carbon Impact	There are no implications arising from this report
Diversity	There are no implications arising from this report
Wards Affected	All
Groups Affected	Children and young people
Budget and Policy Framework	N/A
Key Decision	This is not a key decision
Urgent Decision	This is not an urgent decision
One Darlington: Perfectly Placed	Aligned
Efficiency	New ways of delivering support and care of the capacity to generate efficiency
Impact on Looked After Children and Care Leavers	This report impacts on all children and young people including looked after children or care leavers

## MAIN REPORT

### Information and Analysis

#### Summary

4. The CYPP 2017- 2022 was adopted by Council on 29th September 2017 and since being adopted a professionally designed version of the plan has been produced and published.
5. The plan covers a period of five years from 2017- 2022, and this report provides an update on progress made to date on delivery of the agree priority actions.

#### Delivery of the plan

6. The plan contains the following priority actions for the next five years:
  - (a) Increase breastfeeding rates and reduce the incidence of smoking at the time of delivery.
  - (b) Reduce obesity levels.
  - (c) Improve the mental health and emotional wellbeing of all children and young.
  - (d) Reduce the number of children and young people living in poverty

- (e) Improve school attendance and attainment.
  - (f) Increase the number of young people in work, education or training.
  - (g) Strengthen families to reduce the need for statutory intervention
7. As this is a five-year plan, it was agreed by the Multi Agency Steering Group (MASG) to have a year one focus on two of the priority actions. Moving into year two of the five year delivery plan, it was agreed to continue with the focus on priority (c) and that the priority of youth unemployment (f) should be replaced by child poverty (d). This issue is often the root cause of many poor health and social outcomes, and is projected to increase significantly over the next few years, both nationally and within Darlington.

### **Year Two Priorities updates**

#### **8. Priority 3: Improve the mental health and emotional wellbeing of all children and young people**

Darlington CCG have applied for additional NHSE funding to purchase 'Kooth' – an online counselling and support tool for Children & Young People aged 11-19. This is currently being rolled out by Tees, Esk & Wear Valley (TEWV) in partnership with Kooth. TEWV have also launched an online Recovery College for CYP, with self help resources for children, parents and teachers.

Work has been undertaken to support the mental health needs of Children Leaving Care, and a Psychological Wellbeing Practitioner works with this cohort one day a week offering outcome focused CBT interventions.

Darlington has participated in the Anna Freud School Link programme on two occasions, enabling the majority of schools to participate and improve their understanding and working relationship with CAMHS. We have recently used the principles of the Anna Freud Programme in a workshop for GP's to improve their knowledge and pathways for appropriate referrals into CAMHS.

Significant work has been undertaken with Darlington schools, through training, understanding their issues with CAMHS and what services they purchase for their pupils to support their responsibilities for maintaining a child's mental health. We have worked with a cohort of 11 schools to look at joint commissioning opportunities and through a great partnership with CCG, LA and these schools, we have developed and are in the process of implementing, a pilot service, whereby schools will have an allocated Psychological Wellbeing Practitioner working into their school for a designated period of time per week. This is transformational in terms of commissioning, and it is felt by all involved that we will be able to better support CYP and measure their outcomes more successfully through this pilot.

As a partnership Darlington is also applying for the second round of the NHSE Trailblazer programme which, if successful, will see Mental Health Support Teams working into schools. The result of the bid is due in July. The bid has focused on supporting all schools and opening up other opportunities to these children linked to

the strong sport and culture services available in Darlington. If we are not successful, we will take forward the principles of the bid and look to have a strategic approach to mental health & wellbeing utilising sport and culture.

We have a strong Local Transformation Group with representatives from CAMHS, CCG, Early Help, DBC Commissioning Team, Education, GP, Healthwatch, YMCA, Harrogate District Foundation Trust (0-19 service), schools and social care. Linking into the CYPP and having mental health as a priority is enabling partnership and new ideas to be explored, making improvements and innovation more possible.

An example of this work being undertaken is with the Culture & Leisure teams. The CCG, TEWV and managers from Culture & Leisure have met to determine ways in which TEWV can support on current initiatives such as In2 pilot and the Hullabaloo programmes. We are also looking at how we can utilise sporting activities to support children and young people with low level mental health issues as an alternative intervention.

**9. Priority action 4 – Reduce the number of children and young people living in poverty**

A comprehensive bid was submitted for Department for Education (DfE) Holiday Activities and Food funding to develop and deliver a borough-wide offer for low income children and families over the upcoming summer holidays. Unfortunately, the number of awards from this fund was extremely limited and Darlington was not successful.

Work is therefore underway to develop and deliver an alternative, more targeted offer for children and families in need. A working group has been established to identify resources for this work, develop a programme which will ensure participants are able to enjoy a variety of enriching activities and nutritious food, make sure work complements similar provision by partners, and engage the schools identified to guarantee participants are those most likely to benefit.

Alongside this work, a number of other initiatives aiming to address family poverty are underway including the benefits take up campaign #DarloMillions which, after an extraordinarily successful first year of maximising residents' incomes by £1.5m, has been continued for another year.

Work is also continuing with the Centre for Local Economic Strategies (CLES) to address the root causes of child poverty by maximising the impact of the council and other local anchor institutions' spend locally, for example by increasing the number of good quality employment opportunities in Darlington.

**Multi-Agency Steering Group (MASG)**

10. A multi-agency steering group (MASG) has been established to bring together key partners to ensure effective monitoring and delivery of the Children's and Young People's Plan, and to encourage and strengthen links between the plan and professional bodies. The delivery of the plan is partnership wide, owned by all

stakeholders from a range of statutory agencies. This Group meets on a quarterly basis and is chaired by the Councils Assistant Director for Commissioning, Performance and Transformation.

### **Communication/participation update**

11. The Councils Communications Team continue to work with children's services on any communications activities deemed necessary in relation to specific elements of the CYPP, or on other projects that may link to the CYPP.
12. The DYP and the Youth MP use social media to both promote the CYPP (for example the campaign for better Mental Health Services and free school breakfasts), and to publish positive messages.